

# 2018

ΕΘΕΛΟΝΤΙΚΟ ΕΠΙΜΟΡΦΩΤΙΚΟ ΠΡΟΓΡΑΜΜΑ  
VOLUNTARY REFRESHER TRAINING PROGRAM



ΕΛΛΗΝΙΚΗ ΕΝΩΣΗ ΠΡΟΣΤΑΣΙΑΣ  
ΘΑΛΑΣΣΙΟΥ ΠΕΡΙΒΑΛΛΟΝΤΟΣ  
HELLENIC MARINE ENVIRONMENT  
PROTECTION ASSOCIATION



## Seminar D: The Human Element and Safety



## 1st Day

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09.00 - 10.00

Topic Number: 1  
Title: **The Meaning of Safety and the Safety II Approach - Making the Good even Better**  
Lecturer: Laboratory for Maritime Transport, NTUA

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10.00 - 10.15 Break

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10.15 - 11.15

Topic Number: 2  
Title: **Behavioural Based Safety**  
Lecturer: Hellenic Lloyd's S.A.

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11.15 - 11.30 Break

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11.30 - 12.30

Topic Number: 3  
Title: **Leadership and Communication for the Management of Human Resources according to MLC / STCW / ISM Code**  
Lecturer: Hellenic Lloyd's S.A.

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12.30 - 13.00 Break

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13.00 - 14.00

Topic Number: 4  
Title: **Mentoring**  
Lecturer: Atlantic Bulk Carriers Management Ltd.

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14.00 - 14.15 Break

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14.15 - 15.15

Topic Number: 4 (continued)  
Title: **Mentoring**  
Lecturer: Atlantic Bulk Carriers Management Ltd.

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# Brief contents of the Seminar's topics

## 1. **The Meaning of Safety and the Safety II Approach - Making the Good even Better**

- The framework of maritime safety
  - The concept of Safety I: analysis
  - Examples
  - The concept of Safety II: analysis
  - The human element in shipping
  - Examples
  - Safety I vs. Safety II
  - Case studies
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## 2. **Behavioural Based Safety**

- Introduction to Behavioral Based Safety (BBS)
  - Identifying the triggers for unsafe behaviour and how to address them through strengthening the communication skills to deliver effective and meaningful daily task briefings and toolbox talks
  - The importance of positive recognition, praise and effective communication
  - Recognising the role that leadership plays in developing a positive safety culture and how leadership styles and actions will enhance and support the existing safety culture
  - Safety culture survey tools and how to use them
  - Learn how to develop BBS plans and personal safety actions plans
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## 3. **Leadership and Communication for the Management of Human Resources according to MLC / STCW / ISM Code**

- Leadership and communication requirements of the ISM code, STCW and ILO
  - Leadership principles and practices
  - The challenges of leading multinational and multigenerational teams
  - Principles of effective communications
  - Meeting the challenges of communications in today's shipping environment
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## 4. **Mentoring**

- What is mentoring?
  - What is a mentor and what does he do?
  - What is a mentee and what does he do?
  - Do we need mentoring?
  - Is mentoring one way procedure?
  - Mentoring on ships and company's shore offices
  - Situational mentoring
  - Supervisory mentoring
  - Formal and informal mentoring
  - Benefits from mentoring
  - Mentoring relationship
  - Open discussion - experience sharing
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# 2018

## ΕΘΕΛΟΝΤΙΚΟ ΕΠΙΜΟΡΦΩΤΙΚΟ ΠΡΟΓΡΑΜΜΑ VOLUNTARY REFRESHER TRAINING PROGRAM

Με την υποστήριξη των (κατά αλφαβητική σειρά)  
Supported by (in alphabetical order)



American Bureau of Shipping



Andriaki Shipping Co. Ltd.



Atlantic Bulk Carriers Management Ltd.



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DIANA SHIPPING SERVICES S.A.

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Hellenic Lloyd's S.A.



Ministry of Maritime Affairs and Insular Policy -  
Hellenic Coast Guard Head Office /  
Υπουργείο Ναυτιλίας και Νησιωτικής Πολιτικής -  
Αρχηγείο Λιμενικού Σώματος - Ελληνικής Ακτοφυλακής



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Εργαστήριο Θαλάσσιων Μεταφορών



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