



Partnered with











THE POWER BEHIND HIGH-PERFORMING TEAMS
DESIGNED WITH & FOR MARITIME PROFESSIONALS

### THE POWER WITHIN

## EMPLOYEES WHO LEVERAGE THEIR STRENGTHS ARE

- 6X more engaged at work
- 8% more productive
- 36% more effective in their performance overall
- More creative and confident, with a stronger sense of purpose, job satisfaction, and resilience

# COMPANIES WHO LEVERAGE THEIR CREWS' AND STAFF'S SOFT SKILLS EXPERIENCE

- Increased crew and staff performance
- Reduced fatigue-related absenteeism
- Greater resilience in high-pressure settings
- Enhanced teamwork and cross-cultural understanding
- More effective bridge team-office communication
- Fewer operational errors
- · Higher job satisfaction and retention

EMPOWER YOUR TEAM TO
EXCEL, BE ENGAGED, AND DRIVE
PERFORMANCE AT EVERY LEVEL



### INTRODUCING A MASTERCLASS LIKE NO OTHER

#### **STRUCTURE**

24 soft skills2 modules12 hours trainingOnline live sessions

#### DURATION

4 weeks Twice per week 1.5 - 2 hrs per session

#### LANGUAGE

English Greek upon request

#### **ATTENDEES**

25 persons per group first-come, first-served basis

#### **IDEAL FOR**

All employees, seafarers and office personnel

CERTIFICATE
WILL BE ISSUED
UPON SUCCESSFUL
PARTICIPATION

IN-HOUSE

DELIVERY OPTION

FOR YOUR EMPLOYEES

Developed through a bottom-up methodology, where both seafarers and office personnel contributed their insights, needs, and expectations via surveys, focus groups, and expert research, all integrated into a dynamic, interactive course

24 essential soft skills, each carefully selected to support growth, resilience, and success in the maritime industry

#### MODULE 1: EXPLORING SOFT SKILLS & STRENGTHS

- Introduction to Soft Skills
- The Updated Definition of Strengths
- Identifying Personal Strengths and Soft Skills
- Leveraging Strengths and Soft Skills for Growth

#### MODULE 2: THE SOFT SKILLS TOOLKIT

- Set I: Must have Soft Skills for Today's Professionals
- Set II: Bridging the Soft Skills Gap in the Maritime Sector
- Closing Session: Sustainable Self-Coaching

Each skill will be explored beginning with a clear definition, its importance supported by relevant research and data, and the key characteristics of individuals who excel in it

Each module keeps participants engaged through discovery, Q&As, and peer sharing, blending scientific insights and practical examples to validate each essential skill

Case studies with real-world examples, interactive activities such as role-playing and peer-sharing, and tips for hands-on application will further enhance practical understanding and engagement



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