

ANNUAL REPORT 2023



ΕΛΛΗΝΙΚΗ ΕΝΩΣΗ ΠΡΟΣΤΑΣΙΑΣ
ΘΑΛΑΣΣΙΟΥ ΠΕΡΙΒΑΛΛΟΝΤΟΣ
HELLENIC MARINE ENVIRONMENT
PROTECTION ASSOCIATION

VOLUNTARY ACTION SINCE 1982 TO SAVE THE SEAS

REFLECTING ON A REMARKABLE YEAR



Semiramis Paliou

Chairperson

In 2023, HELMEPA reached new heights, setting records across all programs: maritime training, beach and underwater clean ups, educational initiatives in schools, youth engagement in the blue economy, prestigious awards and recognition, impactful decarbonization projects, volunteer participation, and membership growth.

HELMEPA Academy, honored with the Lloyd's List Greek Shipping Awards 2023, has become a leader in lifelong learning, reaching thousands of people across the maritime world, from seafarers and industry professionals to young scientists and even our youngest members.

With a high-quality roster of over 80 experts, all volunteers committed to sharing knowledge, the Academy covers 75+ maritime subjects and has expanded its impact globally. It has trained over 30,000 maritime professionals, Hellenic Navy and Coast Guard officers, and international crews, continuously increasing record participation.

Nowhere else in the world does a community share knowledge like this, moving forward together.

Our flagship METAVASEA project, recognized at COP28 for driving the green transition in the Eastern Mediterranean, puts people at the heart of maritime decarbonization. As the shipping industry faces the ambitious goal of achieving net-zero GHG emissions by 2050 under the revised IMO strategy, HELMEPA leads the way through INTERMEPA, uniting maritime stakeholders and supply chain participants. Together, we are advancing decarbonization efforts and promoting the UN Sustainable Development Goals, fostering synergy and collaboration to overcome challenges and drive meaningful progress.

Our environmental efforts reached remarkable milestones, with record participation in beach and underwater clean ups. We proudly adopted the former PIKPA beach, creating inclusive opportunities for children with disabilities to access and enjoy the sea. This initiative also launched our Marine Litter Monitoring Program, encouraging members to go beyond experiential clean ups by systematically monitoring beaches and following established protocols for volunteerism and citizen science.

Despite all this activity—and I have only mentioned a few—the hardworking and efficient Secretariat successfully undertook the demanding relocation to new offices after 22 years, bringing the team together in an open layout that fosters a more collaborative atmosphere. Throughout the transition, they ensured that our activities continued at the highest standard, with no delays. We are very proud of our team.

Dear HELMEPA members, volunteers, and friends,

HELMEPA grows stronger each year, setting a global example as a unique model that is open, collaborative, participatory, and deeply engaging. We unite the entire maritime community, sharing knowledge and taking action to save our seas, just as our founding pioneers envisioned over four decades ago.

HELMEPA is all of us—together, we move forward with a noble cause, committed to protecting our seas and securing a better future for all.







ΕΛΛΗΝΙΚΗ ΕΝΩΣΗ ΠΡΟΣΤΑΣΙΑΣ
ΘΑΛΑΣΣΙΟΥ ΠΕΡΙΒΑΛΛΟΝΤΟΣ
HELLENIC MARINE ENVIRONMENT
PROTECTION ASSOCIATION

HELMEPA ACADEMY



VOLUNTARY
ACTION
SINCE 1982

WE CAN
SAVE
THE SEAS

2023 STATUS

A UNIQUE MULTI-STAKEHOLDER PARTICIPATORY PLATFORM

343 SHIPPING COMPANIES
AND ORGANIZATIONS

- Sustainable development
- Pollution prevention
- Maritime safety & accident prevention
- Human sustainability
- Seafarers' wellbeing
- Marine environmental protection
- Women in shipping
- Blue Economy for youth
- Ocean literacy and Intro to shipping
- Safety culture in fishing/boating
- Voluntary Incident Reporting Platform
- Maritime decarbonization

2,325 VESSELS OF ALL TYPES

14,281 SEAFARERS AND SHIPPING
PROFESSIONALS

450,000 STUDENTS - EXHIBITION
VISITORS

2,450 YOUTH AMBASSADORS

162,000 JUNIOR MEMBERS (AGES 5-12)

4,990 SCHOOLS NETWORK

10,800 TEACHERS - VOLUNTEERS

800 NATIONAL & INTERNATIONAL
STAKEHOLDERS

300.000 VOLUNTEERS

**360° SKILLS DEVELOPMENT
UPSKILLING, RESKILLING**

Holistic, experience-based,
Refresher Training program
with worldwide participation

31,000 seafarers and
shipping professionals
certified by HELMEPA's
Maritime Training Center



Founding
Member &
Head Office

INSPIRED THE MEPA
MOVEMENT WORLDWIDE

Greece HELMEPA

Cyprus CYMEPA

Turkey TURMEPA

Uruguay URUMEPA

Philippines PHILMEPA

USA NAMEPA

Ukraine UKRMEPA

Nigeria NIMEPA

UN ACCREDITED NGO

UNEP/MAP PARTNER

IMO/ TECHNICAL ADVISOR TO GREEK DELEGATION

EMSA, USCG, AMSA COOPERATION

OUR WORK FOR THE SEAS
FOR THE PLANET, FOR HUMANKIND
IS INSPIRED, MEASURABLE, SHARED

TAKE ACTION
WITH HELMEPA
www.helmepra.gr



ACHIEVEMENT IN EDUCATION
OR TRAINING

Helmepla Academy



 GREEK SHIPPING AWARDS
20

 GREEK
SHIPPING
AWARDS
2023

 GREEK SHIPPING AWARDS
20

 GREEK SHIPPING AWARDS
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AWARDS
2023

 GREEK SHIPPING AWARDS
20

HELMEPA ACADEMY WINS AWARD FOR EDUCATION AND TRAINING

HELMEPA Academy received the Training & Education Award at the Lloyd's List Greek Shipping Awards 2023. The Academy serves as a lifelong learning platform for thousands of seafarers, office personnel, scientists, and young people.

"Our ESG and people-centered training programs support the maritime community through the green and digital transition. With over 30,000 seafarers participating in our Bridge Simulator and Refresher Program, and our HELMEPA Junior program reaching over half a million children, we continue to make a real impact," said George Karageorgiou, Vice Chairman of HELMEPA.

This award recognizes the collective effort to share knowledge, ensuring no one is left behind in upskilling and reskilling the industry.

HELMEPA  ACADEMY



HIGHEST EVER PARTICIPATION REFRESHER TRAINING 2023



REFRESHER TRAINING PROGRAM 2023 RESULTS SKILLING RESKILLING UPSKILLING OF SHIPPING & MARITIME PROFESSIONALS

90% evaluate the Refresher Training Program as **VERY GOOD • EXCEPTIONAL**

3,484 CERTIFIED PARTICIPANTS
INCL. 1,500+ NON-GREEK SEAFARERS

185 SHIPPING COMPANIES/
ORGANIZATIONS

156 HOURS

31 WEBINARS & SEMINARS

76 EXPERT
SPEAKERS

TOP THEMES / PARTICIPATION PER WEBINAR

- 316** Seafarers' Well-being
- 282** Preparing for Port State Control Inspection
- 192** MARPOL at 50
- 180** Oil Spill Impact, Preparedness, Response and Claims
- 180** TMSA and Vetting Awareness: SIRE II Developments
- 160** Accident Prevention: Managing Risks / Sharing Knowledge

"The webinar was superb and very useful. It gave me new ideas and how to apply them in the future"

"Excellent training program that helps change our mindset to embrace emerging technologies"

"As a deck officer, webinars like this help me a lot to cope with my daily onboard tasks."

"Very interesting, providing good overview of maritime-related professions. Thank you for offering the opportunity to young people from the Greek periphery to be informed on these critical subjects. Well done!"

"Webinars like this helps us to expand our knowledge, preparedness and awareness for on-board operations."

11% increase in participation compared to 2022

The new 2023-2024 program titled "Skills Development and Growth Mindset for Enhanced Maritime Safety Culture in the Era of Decarbonization, Green & Digital Transition," conducted by HELMEPA's certified Maritime Training Center, is a dynamic, multi-disciplinary, and highly participatory learning platform for seafarers and maritime professionals.

In 2023, a total of 31 webinars and labs of a total duration of 43 days (156 hours of training) were held, attended by 3,484 Merchant Navy (EN) bridge and engine officers of 12 different nationalities, Navy and Coast Guard officers, maritime executives, students of Merchant Marine Academies and HELMEPA scholarship holders.



Emphasizing the importance of the International Maritime Organization (IMO) World Maritime Day 2023 Message "MARPOL at 50 – Our Commitment Goes On," HELMEPA has been presenting a unique practical retraining program for 41 years. This initiative promotes voluntary knowledge sharing, lessons learned, and best practices for the collective benefit of its members, which include 349 companies and organizations in Greece and abroad, as well as over 14,200+ seafarers and maritime professionals.

It is important to ensure that seafarers are a priority in the green transition and for this to happen they need to be properly trained and reskilled, including technical and soft skills such as critical thinking and decision-making, teamwork, resilience, leadership, communication and adaptability, thus acquiring a growth mindset.

VOLUNTARY TRAINING BY MEMBERS FOR OUR MEMBERS

71 presenters (31% women) from 46 partner organizations and member companies contributed to our seminars and webinars. We extend our gratitude for their time, expertise, and voluntary commitment.

American Bureau of Shipping
Antony Vourdachas

Alpha Bulkers Shipmanagement Inc.
Capt. Andreas Togantzis

Andriaki Shipping Co. Ltd.
Panagiota Chrysanthi

ATHINA Maritime Learning & Development Center
Capt. Meletis Mexis, Stelios Volakis,
Alexia Bani

Axis Bulk Carriers Inc
Capt. Constantinos Kyriakopoulos

Bermuda Shipping & Maritime Authority
Steve Brooman

Black Rope
Aristeides Deligiannis

Bureau Veritas
Vasilios Dimoulas, Maria Lampardaki

CHIRP Maritime
Capt. Adam Parnell

Costamare Shipping Co. S.A.
Capt. Giannis Drakogiannopoulos,
Anastasia Kokkini, Panagiotis Aravanis

Danaos Shipping Co. Ltd.
Capt. Nikolaos Polimeris

Diana Shipping Services S.A.
Andreas Minaidis

DNB Bank
Nikolaos Papanestis

DNV
Iasonas Stefanatos, Dr. Marina Papaioannou

National Maritime Accident and Incident Investigation Service (HBMCI)
Capt. Constantinos Moutzouvis,
Nikolaos Koutsodontis

National Technical University of Athens (NTUA)
George Lykos

EMICERT
Stavros Vlachos, Elvira Koutsouki

Environmental Protection Engineering S.A.
Eirini Mariaki, Athanasios Polychronopoulos

Erma First
Nikos Kyritsis

Euronav Ship Management (Hellas) Ltd.
Capt. Anastasios Kirtsioudis,
Capt. Constantinos Kailas

GARD
Alexandra Kouvadelli

GASLOG
Capt. Fotis Giannopoulos,
Sokratis Paraskoudas

Gnomon Informatics SA
Dr. Fotis Gonidis

Green Digital Finance Alliance (GDFA)
Katherine Ann Foster, Francois Gardin

Hellas Confidence Shipmanagement S.A
Alexandros Stathopoulos

Hellenic Hull Management
Elias Tsakiris, Ioanna Skondra

International Maritime Organization (IMO)
Loukas Kontogiannis

INTERCARGO
Paul Markides

INTERTANKO
Frans Ubags

KNOWL S.E.
Marianna Terzidaki

Lloyd's Register
Dimitrios Simakis, Alexandros Toutountzis,
Maria Karachaliou

METIS
Ioannis Stratakos

Microsoft Corp

Myladie Stoumbou

The Nautical Institute (Hellenic Branch)

Capt. Nikos Aslanis, Nasir Khan

Olympic Shipping & Management S.A.

Panagiotis Panagiotakopoulos

ORIANI

Philip Uhrskov Nielsen, George Karystinos

Πανεπιστήμιο Αιγαίου

Dr. Maria Lekakou, Capt. George Georgoulis

University of Piraeus (UNIPI)

Dr. Stefanos Chatzinikolaou

PTR Holland Group Hellas

Stavros Maniateas

RINA Hellas Ltd.

Katerina Palla

Sustainable WE

Dr. Natassa Pentagioti

Thenamaris (Ships Management) Inc.

Capt. Zacharias Vairamakis, George Tsivgoulis

Tsakos Enhanced Education Nautical School (TEENS)

Tatiana Tsardaka

Tsakos Shipping & Trading SA

Anastasios Kartsimadakis, Leonidas Margetis

The United Kingdom Mutual Steamship Assurance Association

Thomas Miller (Hellas) Ltd.,
Capt. Costas Karavasilis

World Maritime University

Dr. Tafsir Johansson, Dr. Aspasia Pastra

HELMEPA ACADEMY

SPEAKERS SHARING KNOWLEDGE AND EXPERTISE FOR SAFE & SUSTAINABLE SHIPPING

THANK YOU

**HELMEPA ACADEMY**

COMPANIES SHARING KNOWLEDGE AND EXPERTISE FOR SAFE & SUSTAINABLE SHIPPING

THANK YOU



TAILOR-MADE TRAINING

BASED ON MEMBER FEEDBACK AND INDUSTRY TRENDS

The 2023-2024 Program was shaped by a targeted survey of members, addressing training needs, maritime regulation updates, new technologies, and weaknesses identified through PSC (Port State Control) inspections, aligned with HELMEPA's strategic objectives.



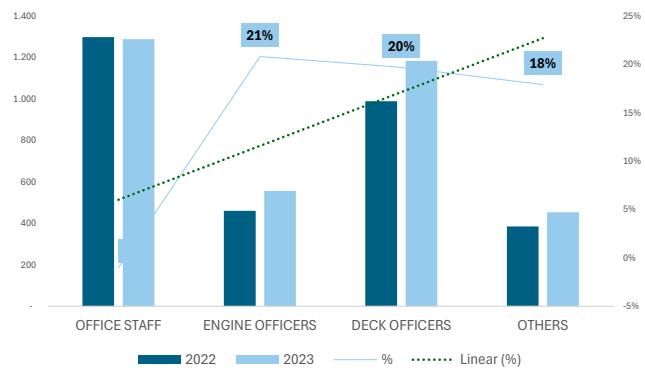
The program included one-day and two-day web and physical presence seminars (labs) on the following 20 topical topics:

1. Decarbonizing Shipping: Getting Closer to 2030
2. Enhancing operational safety and safety awareness on board
3. Accident prevention: managing risks / sharing knowledge
4. Preparing for Port State Control inspections
5. MARPOL at 50 and other environmental Conventions – Our commitment goes on
6. Digital transition and cybersecurity awareness in shipping
7. TMSA and vetting awareness: SIRE II developments
8. ESG Masterclass
9. Seafarers' well-being Parts 1 & 2
10. Oil spill impact, preparedness, response, and claims
11. Handling of solid bulk cargoes and Dry BMS
12. Containerization / safe handling of containers
13. Handling LNG as cargo and fuel
14. Best practices for improving the ship-port interface
15. Hot Technical Topics for Modern Electro-Technical Officers
16. ABC to SDGs (lab)
17. Train the Maritime Trainer (lab)
18. Hazardous & Noxious Substances Response Training – OPRC HNS Protocol 2000
19. Pilot Ladder Safety
20. Intro to Shipping & Blue Economy for Youth



The most attended seminars focused on seafarers' welfare, ship preparation for PSC inspections, and MARPOL issues, while sessions on maritime decarbonization, safety leadership, and shipboard electrical-electronic-mechanical engineers SEMOs were rated as the most useful for shipboard and office operations. The use of interactive tools like polls increased attendee engagement by 50%.

INCREASED PARTICIPATION OF DECK AND ENGINE OFFICERS



BLUE KNOW HOW WITH YOUNG PEOPLE, FOR YOUNG PEOPLE

The new video series BLUE KNOW HOW empowers the young generation by featuring established professionals and volunteer mentors who share their knowledge and experiences in maritime careers. In 15-minute episodes, they answer key questions for newcomers or those interested in sectors like shipping, shipbuilding, ship repair, coastal tourism,

cruise, port management, and marina management. This team effort, supported by HELMEPA's volunteer network, raises awareness of career opportunities in the Blue Economy.

[WATCH VIDEOS ONLINE](#)

Iceland
Liechtenstein
Norway
Norway grants

BlueGeneration Project

HELMEPA ACADEMY

blue
KNOW HOW

**Η ΝΕΑ ΓΕΝΙΑ
ΓΝΩΡΙΖΕΙ ΤΑ ΕΠΑΓΓΕΛΜΑΤΑ
ΤΗΣ ΘΑΛΑΣΣΑΣ**

Portrait	Name	Title
Dr. Valia Avgoustiadi	Head of Science HELMEPA ESG & Sustainable Development Expert	
Andreas Giakoumidas	General Director Antipollution Member of the Board HELMEPA	
Spyros Zolotas	Marine South EMEA Region Senior Director RINA Hellas Ltd.	
Stavros Katsikas	CEO Marines LAMDA Development President Epanomi Marinon Elladas	
Captain Giorgos Koumoutsanis	COO Celestyal Cruises	
Evagelos Skafiotakis	COO Diana Shipping Services	
Tasos Xalari	CEO XTDiving Advanced Diving Equipment	

CULTIVATING SUSTAINABLE DEVELOPMENT LITERACY



HELMEPA's in-house developed "ABCs to SDGs" lab has been running for the second consecutive year, aiming to foster a culture of sustainable development literacy. Through a combination of 6 in-company workshops and 2 in-house workshops, a total of 90 participants engaged in learning about the 17 UN Sustainable Development Goals (SDGs) and their importance for meeting today's needs without compromising future generations.

These workshops build a shared understanding of sustainability, ensuring that all participants are equipped to engage with the SDGs at some level.

- 52%** of participants didn't know the 17 UN goals beforehand
- 93%** rated the workshops' usefulness as "very good" to "excellent"
- 78%** felt the workshops met their initial expectations
- 88%** understood that Sustainable Development is about meeting current needs while preserving the ability of future generations to meet theirs



HELMEPA TRAINING COMMITTEE 2023-2024

The 2023-2024 Training Program was presented at HELMEPA's annual Training Committee meeting, hosted at the ATHINA Maritime Education and Training Center of member company Minerva Dry.

During the event, Training Committee Honorary Chairman Capt John Drakogiannopoulos and Captain Michalis Fragkias were recognized for their significant contributions to HELMEPA's educational programs.



We extend our sincere thanks to Chairman of HELMEPA's Training Committee, Captain Nikos Polymeris of Danaos Shipping, and the 46 Committee members, representatives from member companies, and collaborating organizations for their guidance and contributions to this exemplary volunteer-led training and skills development program—created by our members, for our members.

Nikolaos Polymeris

Training Committee Chairman, Danaos Shipping Co

Ioannis Drakogiannopoulos

Executive Board, Costamare Shipping Company S.A.

Konstantinos Karavasilis

Executive Board, UK P&I Club

Maria Karachaliou

Executive Board, Lloyd's Register

Nikolaos Kirkilis

Executive Board, Thenamaris (Ships Management) Inc.

Panagiotis Koutris

Executive Board, Roxana Shipping S.A.

Irene Mariaki

Executive Board, Environmental Protection Engineering SA

Lydia Masonou

Executive Board, Neda Maritime Agency Co. Ltd

Andreas Minaidis

Executive Board, Diana Shipping Services S.A.

Dimitris Bakoulis

Executive Board, Antipollution



Pantelis Ouzounoglou

Executive Board, Starbulk S.A.

Evangelos Pantelis

Executive Board, Chandris (Hellas) Inc.

Vasilis Papageorgiou

Executive Board, Tsakos Shipping & Trading S.A.

Thomas Papathanasiou

Executive Board, Eastern Mediterranean Maritime Limited

Marina Papaioannou

Executive Board, DNV Hellas

Elias Tsakiris

Executive Board, Hellenic Hull Management (HMA) Limited

Panagiota Chrysanthi

Executive Board, Andriaki Shipping Co.Ltd

Alexandra Kouvadellis

Member, GARD

Christos Anthoulakis

Member, Thenamaris Conbulk Inc

Christos Georgousopoulos

Member, Ariston Navigation Corp.

Vasilios Dimoulas

Member, Bureau Veritas Hellas MAE

Anastasios Thiopoulos

Member, Vships Greece Ltd.

Konstantinos Kailas

Member, Euronav Ship Management Hellas

Venetia Kallipolitou

Member, Tsakos Shipping & Trading S.A.

Haris Kanellopoulos

Member, Sun Enterprises Ltd

Cap. Panagiotis Karoutsos

Member, Atlantic Bulk Carriers Management Ltd.

Yiannos Koudounas

Member, Thenamaris (Ships Management) Inc.

Panagiotis Kourkoumelis

Member, Kyklades Maritime Corporation

Evdoxia Kydonaki

Member, Enesel SA

Konstantinos Kyriakopoulos

Member, Axis Bulk Carriers Inc

Stylianos Makris

Member, Aeolos Management S.A.

Konstantinos Batsis

Member, Minerva Dry

Nikolaos Pagonis

Member, Royal Caribbean

Katerina Palla

Member, RINA

Panagiotis Panagiotakopoulos

Member, Olympic Shipping & Management

Sofia Papadopoulou

Member, Thenamaris LNG Inc

Aspasia Pastra

Member, World Maritime University (WMU)

Pantelis Patsoulis

Member, Euronav Ship Management Hellas

Konstantinos Samaritis

Member, Tindall Riley & Co Limited (Greek Branch) Britannia

Dimitrios Simakis

Member, Lloyd's Register

Apostolos Skempes

Member, Arcadia Shipmanagement Co Ltd

Konstantinos Skouteris

Member, Gaslog LNG Services Ltd

Andreas Togantzis

Member, Alpha Bulkers
Shipmanagement Inc.

Georgios Tsoukatos

Member, Diana Shipping Services S.A.

Michael Fragkias

Member, HELMEPA Member

Stefanos Chatzinikolaou

Member, Piraeus University

D-MARIN NOMINATED "SAFETY AMBASSADOR"

NATIONAL DAY CELEBRATION AND SEA RESCUE SEMINAR

On 11 May, as part of the national day celebration for "Prevention of Maritime Accidents & Drownings" and HELMEPA's "Safety at Sea" campaign, we nominated the title of "Safety Ambassador" to our Associate Member D Marinas Hellas. We also co-organized a sea rescue seminar for marina staff and the crew of member company Golden Yachts, in cooperation with ENAK and MEPP at Zea Marina. The seminar featured a practical demonstration of sea rescue and first aid with CARPA.



SUSTAINABILITY IN SHIPPING POSTGRADUATE COURSE

HELMEPA, in collaboration with the BCA Greek Institute of Maritime Education, launched the first postgraduate course on Sustainability in Shipping. 75 maritime professionals and 8 maritime students participated, learning about sustainability challenges and how to integrate ESG principles into the shipping industry.

The graphic features logos for BCA, HELMEPA, WMU, and the Greek Institute of Maritime Education. It includes a quote from Peter Drucker: "You can't improve what you don't measure". It highlights that data collection is crucial for ESG reports and strategy development. A portrait of Giorgos Iliopoulos, Managing Director of Aigoria Consulting, is shown with the text "MEET THE INSTRUCTORS". The course title is "SUSTAINABILITY IN SHIPPING POST-GRADUATE DIPLOMA FOR MARITIME PROFESSIONALS". A "FIND OUT MORE → REGISTER ONLINE" button is at the bottom.



- ✓ GUIDE TO ESG PRINCIPLES
- ✓ HANDS-ON LEARNING
- ✓ REAL-WORLD SCENARIOS
- ✓ CAREER ADVANCEMENT
- ✓ LONG-TERM BUSINESS VALUE



in collaboration with



SUSTAINABILITY IN SHIPPING

POST-GRADUATE DIPLOMA FOR MARITIME PROFESSIONALS



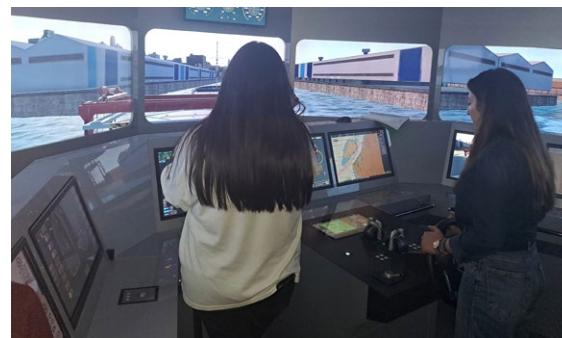
**11% INCREASED
PARTICIPATION
IN SIMULATION SEMINARS**

**35% INCREASE
OF NEW PARTICIPANTS
IN SIMULATION SEMINARS
COMPARED TO 2022**

NAUTIS 3: UPGRADED BRIDGE SIMULATOR FOR REALISTIC TRAINING AND ASSESSMENTS

In 2023, HELMEPA's upgraded NAUTIS 3 bridge simulator provided highly realistic training to over 166 deck officers and 123 cadets and students of Merchant Marine Academies, universities, and private schools. With enhanced graphics and vessel handling capabilities, the simulator covered a wide range of maritime skills, including navigation, planning and executing transits, ship handling and maneuvering, collision and avoidance regulations, narrow water navigation, mooring and tug assistance, and crucial Search and Rescue (SAR) and Man Overboard (MOB) operations.

The upgraded NAUTIS 3 simulator also enables detailed performance assessments, allowing companies to evaluate and prepare their officers for promotions and leadership roles. All participants received HELMEPA Certificates of Attendance, making this a powerful tool for both skill development and career progression.



HELMEPA's NAUTIS Full Mission Bridge Simulator, manufactured by VSTEP, operates since 2016 in the Association's Maritime Training Centre, following kind donation by member-company DNV. In 2022 the bridge simulator was upgraded with kind donations by member-companies Drylog, Gaslog and Hellenic Mutual War Risks Association.

HS1 BRIDGE RESOURCE MANAGEMENT (5 days)

Based on the IMO Model Course 1.22 and approved by the Cyprus Maritime Authority, consists of 19 topics developed in a total of 40 hours (20 hours of presentations and 20 hours of practical training).

HS2 ADVANCED SHIP HANDLING & NAVIGATIONAL SAFETY (3 days)

7 hours of presentations and 14 hours of practical training.

HS3 NAVIGATING IN DENSE TRAFFIC - FISHING AREAS - COLREGS & LOSS PREVENTION (2 days)

6 hours of presentations and 8 hours of practical training.

HS4 REAL INCIDENT SIMULATION & ROOT CAUSE ANALYSIS (2 days)

Present, simulate and analyse real maritime incidents of members and others from official sources such as MAIB, CHIRP, MARS etc.

HS5 SHIP-TO-SHIP TRANSFER OPERATIONS (2 days)

MARITIME SECTOR



HELMEPA MEETS USCG LEADERSHIP

Chairperson Semiramis Paliou and Director General Olga Stavropoulou convened with USCG leadership at the Washington DC headquarters, reinforcing their enduring cooperation. Discussions included the forthcoming annual HELMEPA Delegation visit for our member-companies.

Earlier, at the 2023 Safety at Sea Seminar & AMVER Awards, hosted by NAMEPA, our sister MEPA organization in North America, Semiramis Paliou delivered a powerful speech highlighting the significance of the life-saving voluntary program AMVER.



L-R: Jeffrey Lantz, Director Commercial Regulations & Standards, USCG , Semiramis Paliou, Rear Admiral Wayne Arguin Jr, Assistant Commandant for Prevention Policy, USCG, Olga Stavropoulou, Eirini Pitta



L-R: Rear Admiral Wayne Arguin Jr, Assistant Commandant for Prevention Policy, USCG, Olga Stavropoulou, Joe Hughes, Chairman of NAMEPA Semiramis Paliou, Carleen Lyden Walker, Co-founder and Executive Director of NAMEPA

metav@sea



People-centred transition for Maritime
Decarbonization in the East Mediterranean



A COLLECTIVE INITIATIVE FOR MARITIME DECARBONIZATION AND SUSTAINABILITY

The METAVASEA initiative, led by HELMEPA and funded by the Lloyd's Register Foundation (LRF), aims to train and re-skill 1,500 seafarers, port workers, and maritime professionals in the Eastern Mediterranean

The initiative focuses on the decarbonization of shipping, new fuels, developing a safety culture on ships and in ports, adaptation to the digital age, and environmental leadership.

In addition, METAVASEA aims to raise climate change awareness among 2 million people, including over 10,000 students and 750 teachers, across the region.

The project's key partners include Lloyd's Register, the World Maritime University of IMO (WMU), CYMEPA, the Cyprus Maritime and Marine Institute (CMMI), Premium Consulting, and the Mediterranean Information Office for Environment, Culture and Sustainable Development (MIO-ECSDE).



Collaborating partners include the Athina Maritime Learning and Development Center of Minerva Dry Inc, the Hellenic Chamber of Shipping (N.E.E.), the Panhellenic Association of Merchant Marine Captains (PEPEN), the Union of Greek Ports (ELIME), the Port Authorities of Elefsina, Heraklion, and Thessaloniki, INTERMEPA, Nautical Chronicles (GRATIA Publishing), KNOWL Social Enterprise for Lifelong Learning, ORIANI, and WISTA Hellas.

With 61 shipping companies and public and private organizations already committed to the project, METAVASEA is generating significant interest and support in the region.

The initiative evaluates the preparedness of shipping and coastal communities for the transition to new fuels, identifies gaps and opportunities, and raises awareness of maritime safety and environmental protection.

COP28 Global Environmental Summit in Dubai recognized the METAVASEA project as one of the 50 most important initiatives under the Green Shipping Challenge for the decarbonization of shipping, included at the initiative of the U.S. Department of State



Humans at the heart of maritime decarbonization



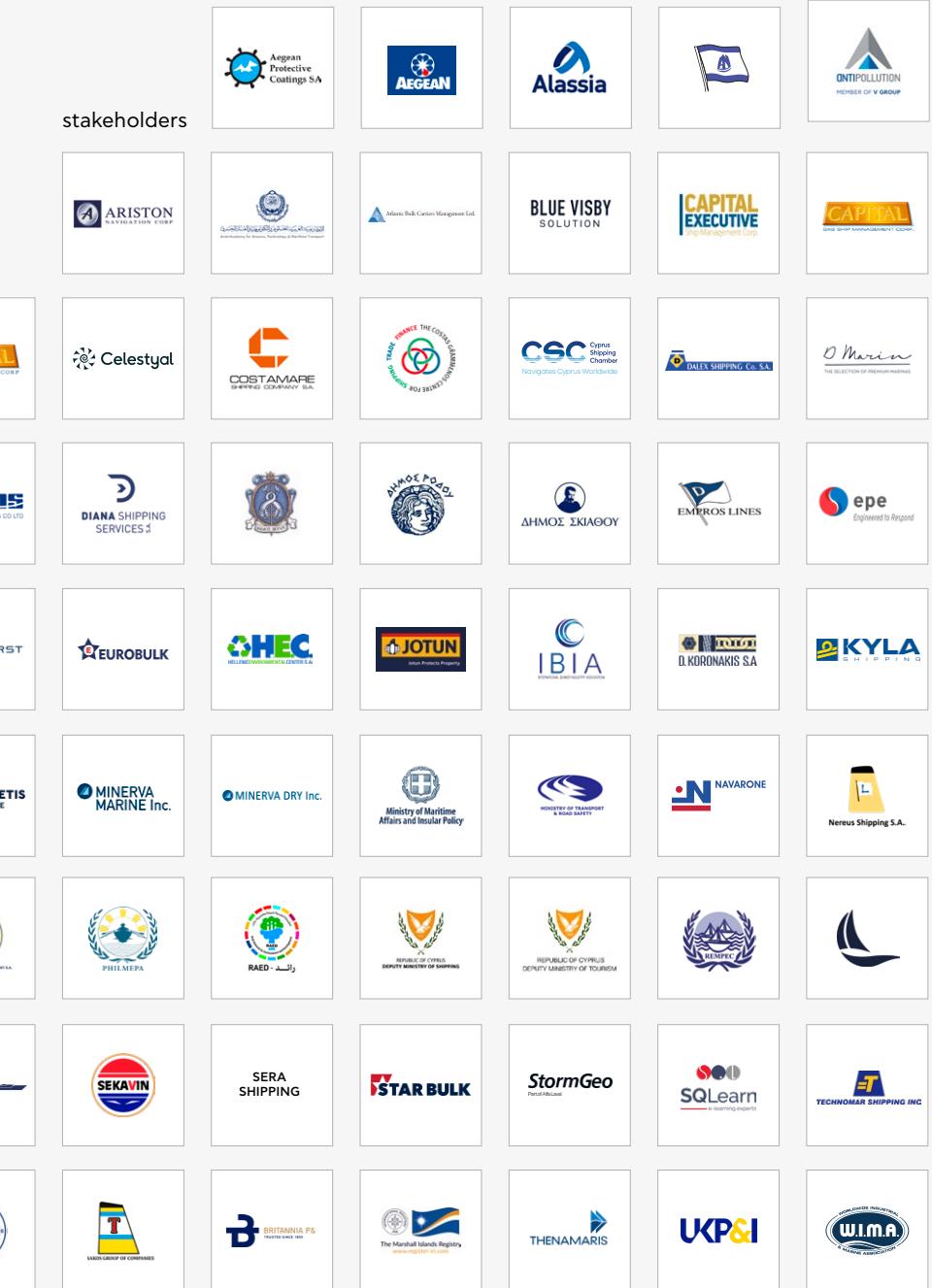
partners



associate partners



stakeholders



VOLUNTARY INCIDENT REPORTING PLATFORM

In 2023, HELMEPA's Voluntary Incident Reporting Platform (VIRP) continued to grow, now featuring over 1,500 anonymous incident and near-miss reports submitted by 40 managing companies. These reports have led to valuable "lessons learned" shared across HELMEPA's community through the wide distribution of four quarterly VIRP Digests. Member companies Thenamaris and Tsakos Shipping and Trading highlighted the importance of efficient pilot-bridge team communication and strategies to address the bank effect.

Launched in 2021 with financial support from the Lloyd's Register Foundation (LRF) and technical support from DYNAMARINE, the VIRP continues to play a crucial role in promoting safety and accident prevention in the maritime industry.



Sharing lessons learned
VIRP Digest is a quarterly e-bulletin, sharing 'lessons learned' from maritime accidents and near-misses. Reports uploaded by HELMEPA member-vessels to the Voluntary Incident Reporting Platform (VIRP).

Collective impact
1,300+ Reports uploaded to VIRP by 38 member-managing companies that are logged on. Recent upgrade of the VIRP provides users with a wide range of analytical capabilities and statistical research, enabling smoother user interface and better detection of emerging trends.

Being part of safety cause
All managing companies-members of HELMEPA are provided with a secure access code to upload their vessels' incidents and near-misses, and view all the database reports and emerging trends through a wide variety of filters.

Fostering proactiveness and sustainability
Sharing 'lessons learned' from the analysis of previous incidents can help to reduce human errors that lead to the repetition of similar incidents and accidents in the future. Active participation of a company in the VIRP reinforces a strong maritime safety culture at all company levels.

Voluntary Incident Reporting Platform



LESSONS LEARNED

INCIDENT 1
During daylight, with good weather but poor visibility, a container vessel under pilotage while passing the channel outbound, collided with an inbound transiting bulk carrier, which was also under pilotage. During the Master-Pilot exchange the expected course profile had been discussed. Accordingly, the pilot confirmed that there should be only one inbound vessel, and there is an agreement with the pilot to pass Green to Green. Due to container's deep draft to keep close to green buoys, where there is greater depth.

The Master notified the Pilot that the inbound vessel was not allowing enough space by not keeping to his left side of the channel. The Pilot contacted the other vessel pilot to inform him that the other vessel's language and confirmed that all was in good order and the vessel would pass Green to Green.

The Chief Officer notified the Master that the other vessel's intentions were not clear, turning to her starboard. The Master notified the pilot accordingly and asked the two vessels to maintain their course if the other vessel was visible and in which position. The lookout responded that the other vessel was not visible yet.

Due to the risk of collision, the forecasted lookout was instructed to leave their duties and to proceed to safe area. After having a look at the radar screen, the Pilot realized the risk of collision was high. Therefore, to prevent collision, he instructed her to port to keep the agreement for passing Green to Green.

About 2 minutes later the two vessels collided.

INCIDENT 2
A bulk carrier vessel was anchored in a river. The river pilot boarded the bulk carrier vessel in order to shift her upstream. Once the vessel reached the pilot boarding area, the harbor pilot went on board. He was informed about the vessel's condition and checked the validity of the pilot card, which he signed accordingly.

The pilot informed the Master that the vessel would be berthed portside alongside, dropping the starboard anchor and using the port assistance. The terminal was located on the right bank of the river; therefore, the vessel's berthing would be performed heading downstream current.

The vessel's headway was stopped, and the main engine was set on "slow astern" to move her parallel to the berth, but due to the current, the vessel kept moving stern turned to port towards the berth. Due to this fact, the pilot advised "slow ahead" to stop the vessel.

About 2 minutes later, the pilot advised "half ahead", then "full ahead" and rudder hard to starboard, in order to reduce the speed and keep the vessel away from the berth. However, the vessel continued drifting towards the berth.

About a minute later, the vessel's port quarter contacted the upriver mooring dolphin. Consequently, the vessel and the dolphin sustained damages.

stay safe at sea

NEWSMEMOS

KEEPING MEMBERS INFORMED ON MARITIME AND ENVIRONMENTAL DEVELOPMENTS

HELMEPA shared the latest maritime and environmental developments of interest to its members through 6 issues of Newsmemos, a concise and quick-read e-bulletin designed to support members' daily operations and strategic decisions.



Quick Survey on Maritime Decarbonization - Your Opinion Matters!

Take just 10 minutes to share your insights on industry and community readiness for new fuels, skills, and competencies. Choose your role - **Seafarer** or **Shipping company executive/staff** or **Port admin executive/staff** or **Service providers/suppliers** or **Citizen/civil society** (Greek - English) and participate in HELMEPA's [METAVASFA](#) project survey on people-centered maritime decarbonization.

New Study: Onboard Carbon Capture Shows 30% Emission Reduction Potential

A recent feasibility study by DNV and TMS Tankers (HELMEPA members) reveals that retrofitting Onboard Carbon Capture and Storage (OCCS) on a Suezmax tanker could cut CO2 emissions by up to 30%. While promising, the study also identifies significant challenges, including high costs and space limitations, as well as adequate port reception facilities for delivery of liquified CO2, that need addressing before OCCS can be widely implemented. Explore the full findings [here](#).

MARITIME SUSTAINABILITY SUMMER CAMP

A COMPREHENSIVE 3-DAY EXPERIENCE FOR THE NEXT GENERATION

In early September, the Maritime Sustainability Summer Camp was organized for the second year by Isalos.net and HELMEPA on the historically significant maritime islands of Oinousses and Chios. This immersive three-day camp offered a rich program filled with experiential activities, learning opportunities, and networking for young people engaged in the maritime world.

The summer camp brought together 36 participants from across Greece, featuring over 20 speakers and 19 thematic sessions dedicated to Sustainable Development, transitioning to "green" shipping, managing the human factor, marine protection, and developing essential soft skills within Blue Economy sectors. This truly full camp experience fostered collaboration and knowledge sharing among the next generation and maritime professionals.



NAFTEMPORIKI & HELMEPA LEAD IMPORTANT TALK ABOUT ESG IN SHIPPING

Η ΝΑΥΤΕΜΠΟΡΙΚΗ

At the 7th Naftemporiki Shipping Conference, HELMEPA and Naftemporiki co-hosted an ESG panel on sustainable shipping and community progress. Ms. Maria Hajioannou represented HELMEPA, sharing valuable perspectives on aligning industry practices with sustainability goals.

Acting as the Youth Angel of HELMEPA's "Sea is Life" Panhellenic Visual Art Competition, Naftemporiki hosted a school students' art exhibition at the central entrance, providing 650+ participants with a first-hand encounter with thought-provoking artworks. Winners' artworks are now printed on HELMEPA's new reusable thermos to combat single-use plastic.

HELMEPA extends heartfelt gratitude to Naftemporiki for championing the cause of collective action and ESG, effectively translating talk into transformative walk.



HELMEPA AT THE HELM OF INTERMEPA



INTERMEPA, the International Marine Environment Protection Association, representing national MEPAs worldwide, has reached a momentous milestone by electing Semiramis Paliou as its first woman Chairperson of the worldwide organization for Oceans Sustainable Development.

This significant step builds on the outstanding leadership of Joe Hughes, who served as INTERMEPA's Chairperson over the past years, marking a groundbreaking revival and progress for the organization. George Tsavliris (CYMEPA Chairperson) was elected Vice-Chairperson of INTERMEPA.



L-R: Olga Stavropoulou
HELMEPA Director General,
George Tsavliris, CYMEPA
Chairperson & Vice Chairperson
of INTERMEPA, Dr. Michael
Ierides, CYMEPA Secretary
General, Semiramis Paliou,
HELMEPA & INTERMEPA
Chairperson, Joe Hughes,
NAMEPA Chairman, Sadan
Kaptanoglu TURMEPA
Chairperson, Rochelle P. Reyes
PHILMEPA Vice President,
Carleen Lyden Walker Co-
founder and Executive Director
of NAMEPA, Constantinos
Triantafillou HELMEPA Head
of Strategy & Development





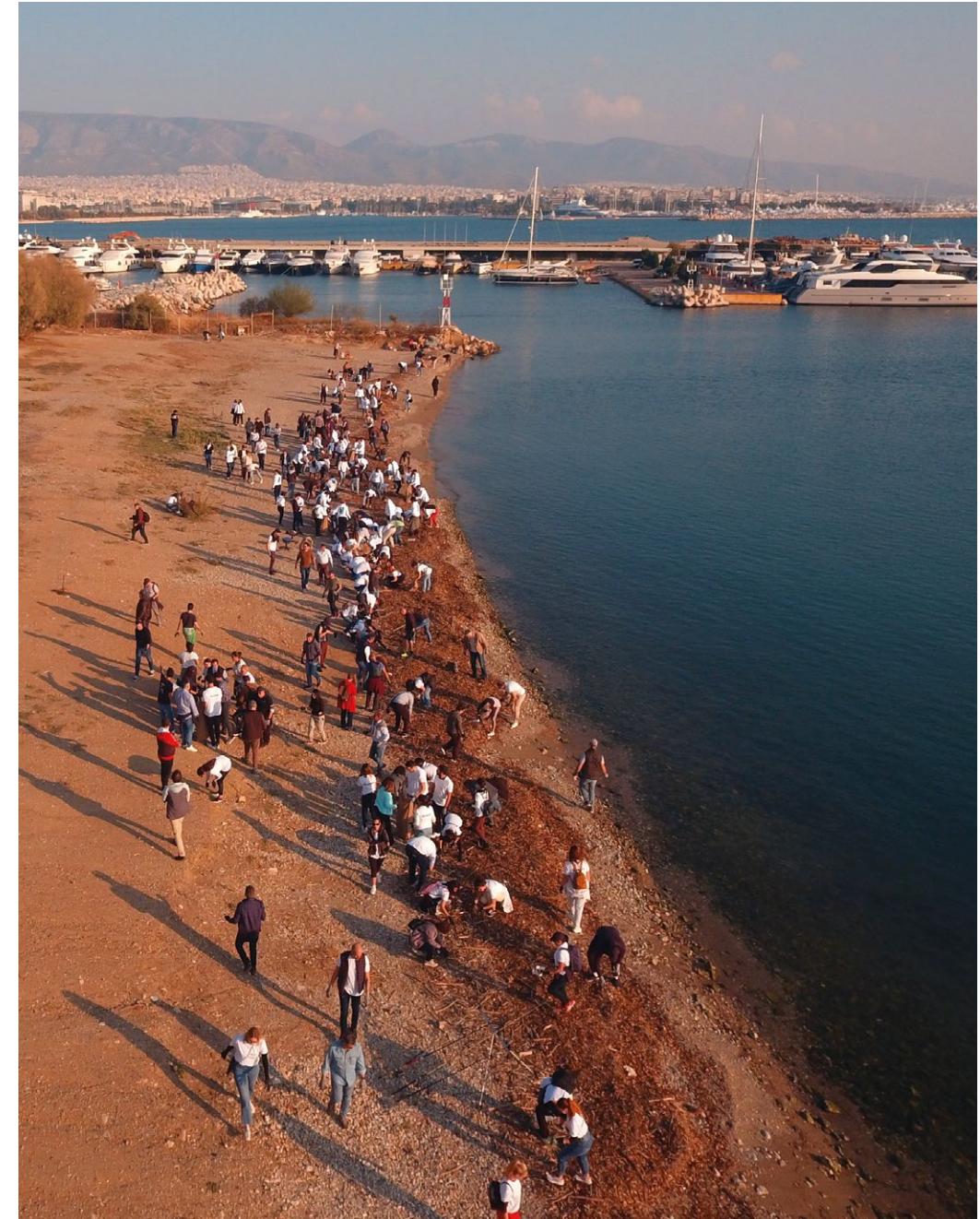
ENVIRONMENTAL
SECTOR

I AM
HELMEPA
INSPIRED
TO SAVE THE SEAS

COASTAL AND UNDERWATER CLEAN UPS THROUGHOUT GREECE

NON-STOP EFFORTS FOR A CLEANER FUTURE

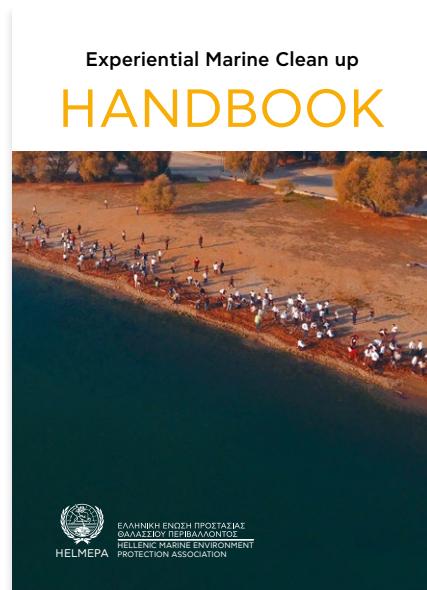
As the national coordinator of the International Coastal Clean up for 33 years, and the "Let's Clean Up Europe" Campaign for 10 years, HELMEPA has made significant strides in marine conservation. In 2023, we coordinated over 206 underwater and coastal clean ups with the help of 10,069 volunteers, resulting in the cleaning of 50 kilometers of coastline and the removal of 20 tons of waste from our beaches and seas.



HELMEPA'S NEW MARINE LITTER PROGRAMS ADVANCING SUSTAINABILITY AND COMMUNITY ENGAGEMENT

HELMEPA has upgraded its marine litter initiatives to enhance sustainability efforts among our members and the broader community. The updated info pack includes, among other resources, a comprehensive handbook, informative cards, and engaging videos, all aimed at supporting the effective implementation of best practices for reducing marine litter. These resources make it easy for our members and volunteers throughout Greece to carry out their own clean up initiatives, with HELMEPA providing support throughout the process.

As part of these initiatives, our members can earn badges that showcase their commitment to combating marine litter, which can be integrated into their ESG reports.



YOUR MLM INFO PACK

MARINE LITTER MONITORING ✓

- DIGITAL HANDBOOK** DESCRIBES THE PROCESS OF THE CLEAN UP ACTIVITY
- EMC VIDEO** HOW TO CONDUCT THE ACTIVITY
- APP LINK** DOWNLOAD THE MARINE DEBRIS TRACKER
- APP VIDEO GUIDE** GETTING STARTED WITH THE MARINE DEBRIS TRACKER
- APP PDF GUIDE** GETTING STARTED WITH THE MARINE DEBRIS TRACKER
- MARINE LITTER PPT** TO USE INTERNALLY TO RECRUIT VOLUNTEERS
- PLEDGE & REGISTRATION FORM**
- SPEECH INTRODUCTION** TO USE ON THE DAY

VOLUNTARY ACTION SINCE 1982 **WE CAN SAVE THE SEAS** **HELMEPA**

HELMEPA HANDBOOK

WHAT IS AN EXPERIENTIAL MARINE CLEAN UP AND WHY WE DO IT?

A marine clean up is a meaningful team activity and an organised effort to remove litter from our shores and surrounding areas. Individuals, groups and business organisations all come together to remove, record and dispose of the litter from the coast, following simple instructions. Such efforts are based on the principles of citizen science and are often with necessary recording list and following an interest. Protocol citizens take initiative and remove litter found on the shores and waterways.

Marine litter and plastic pollution come mainly from land-based sources becoming marine without intent, as they get carried away by currents and wind. Each year millions of tons of litter enter the ocean harming marine life, the ecosystem and human health.

Most of it is plastic: 8 - 12 million tons of plastic waste find their way into the ocean every year. This is equivalent to the weight of about 53,000 blue whales or 571,000 school buses.

Our coasts and seas have received much of this pollution as it washed up and drifts ashore. The plastic skyrocketed in the 1970s when we, consumers, stopped buying in bulk or using reusable containers.

STEP 1 PLANNING AND PREPARATION

Since you are reading through this handbook you have already chosen a type of marine clean up and have already received your information pack. With a bit of preparation, the clean up activity can be fun, effective and rewarding for participants and organisers. The first decision you need to make is to choose an appropriate site.

HOW TO CHOOSE A GREAT SITE

Sites may be in the vicinity of ports or harbours, river mouths, coastal urban areas, tourist destination or even in relatively remote locations provided there is easy access all year round. Avoid sites with many local businesses as these get cleaned up regularly.

TABLE 1

GREAT SURVEY SITE
Sandy beach
Flat
Spacious (at least 100m long by 10m wide)
Safe and easy access year-round
Away from popular venues and archaeological sites
Not recently cleaned by a nearby business or clean up scheme

BEST AVOIDED

BEST AVOIDED
Steep Rocky Bay
Steep slope
Cramped
Isolated or hard to get to
A busy tourist spot near a historic monument
Freshly cleaned up

TABLE 1 shows the characteristics of an ideal survey site. Matching as many of these criteria as you can, would be ideal but note that this is not always possible especially for the Greek coastline.



UNDERWATER CLEAN UP ACTION AT THESSALONIKI PORT (SEPTEMBER 2023)

Over 250 students from local schools learned about blue economy professions while observing the underwater clean up at Thessaloniki Port. This action was conducted in collaboration with Antipollution, HEC, MEPP, and the Municipality of Thessaloniki.

MEGA JOINT CLEAN UP (NOVEMBER 2023)

HELMEPA organized the largest coastal clean up action to date on the beach and seabed in front of the Peace and Friendship Stadium, with over 450 individuals participating from 31 member companies and partner organizations, including WISTA. Antipollution provided technical support for the event.



CLEAN UP ACTION AT ELEFSINA PORT

HELMEPA, in collaboration with the U.S. Embassy in Greece and the Elefsina Port Authority, organized a joint clean up as part of the European Capital of Culture 2023. The event involved 80 sailors and marines from the USNS TRENTON. Following the clean up, participants enjoyed an enlightening tour of the Ancient Site of Elefsina.



MARINE LITTER MONITORING (3-YEAR BEACH ADOPTION COMMITMENT)

The three-year beach adoption commitment involves a combination of coastal clean ups and seasonal research to document marine litter, conducted at least twice and ideally four times a year. This program provides companies with an opportunity to enhance their ESG-CSR initiatives by demonstrating their commitment to environmental protection and sustainable development while creating a positive and measurable impact on society and the environment.



CLEAN, ACCESIBLE, INCLUSIVE HELMEPA ADOPTS BEACH FOR DISABLED KIDS

HELMEPA and the Rehabilitation Center for Children in Voula (formerly PIKPA) have teamed up to create a welcoming beach environment for kids with disabilities. Restoration, beach and underwater clean ups, equipment installation, waste collection and management, and upcycling – breathing new life into dead seagrass and transforming it into sunglasses, rackets, etc.

Heartfelt thanks to our dedicated Board of Directors and their companies for their unwavering support to revamp the beach, now buzzing with children and adults with disabilities, spreading happiness each day. Special thanks to G. Kallianis (Special Secretary) for on-site coordination and A. Giakoumelos (Board Member) and Antipollution for the waste management coordination / works.

WATCH VIDEO with BEFORE-AND-AFTER SCENES showcasing the beach transformation following our Chairperson's Semiramis Paliou intro message. This project is a cornerstone of HELMEPA's new Marine Litter Monitoring program, available now to our members who wish to step-up and engage in a highly impactful action, yet simple to implement by their team of volunteers (employees, suppliers, customers & families).

[WATCH VIDEO ONLINE](#)



PARTNERSHIPS

PLANET 2024

A new collaboration within the framework of the international Planet 2024 campaign, organized by the Free Spirit Foundation as part of the United Nations Decade for Ecosystem Restoration. HELMEPA has joined the campaign and will include its 2024 coastal clean up activities under the Planet 2024 umbrella.



ILBI (INTERNATIONAL LEGALLY BINDING INSTRUMENT TO END PLASTIC POLLUTION)

Following an invitation from Ocean Conservancy, HELMEPA has added its signature to Ocean Conservancy's vision for a strong international agreement to end plastic pollution.



SEA DAYS

HELMEPA once again participated in the Sea Days organized by the Municipality of Piraeus. On June 28, 2023, we took part in Blue Park with our van, offering presentations on the marine environment and youth mentoring workshops, which were attended by a total of 400 students.



EUROPEAN OCEAN COALITION, EU4OCEAN

HELMEPA has joined EU4Ocean, an initiative supported by the European Commission, to facilitate connections among organizations, programs, and individuals with the aim of enhancing ocean literacy and promoting sustainable ocean management.

HELMEPA
JUNIOR



2022-2023 SCHOOL YEAR

215 teachers and 3,715 children evaluated the program.

99% of teachers rated the program as "Excellent" or "Very Good," while 90% of the children gave the same rating.

"Students who participate in the program learn and enjoy revealing learning, not through 'teaching' or lecturing, but through action. They are free from the stress of evaluation and learning; a collaborative atmosphere prevails among students and teachers." (Teacher's Comment)

"Suitable for all educational levels, depending on how it is implemented. Engaging, contemporary, and aligned with the new curricula and their requirements." (Teacher's Comment)

"The excellent structure of the program allows us to raise awareness among children, about the environment in general and clean seas in particular." (Teacher's Comment)

8,004 STUDENTS

654 TEACHERS

232 KINDERGARTENS & ELEMENTARY SCHOOLS

5,200 ENVIRONMENT-RELATED ACTIVITIES

ENGAGING YOUNG MINDS

HELMEPA VISITS BORDER SCHOOLS

Mr. George Kallianis, Special Secretary of the HELMEPA Board of Directors, visited kindergartens and primary schools in Florina and Armenochori. During his visit, he engaged with children (members of HELMEPA Junior) and teachers, discussing the dangers threatening the marine environment and how they can protect it.

On-site face-to-face discussions with children and teachers remain a commitment and priority for HELMEPA, as they encourage interaction and enhance the understanding, awareness, and motivation of young volunteers, guided by their teachers from the very early school years.



CHILDREN'S ACT TO COMBAT CLIMATE CHANGE, AVAILABLE IN POSTERS

4,044 children—members of HELMEPA Junior—representing 150 schools across Greece, took part in HELMEPA's Panhellenic Drawing Competition, themed 'Climate Change: There are solutions!'

The winning artworks, available in posters, decorate school classrooms. This competition is more than just a contest; it's a dynamic learning opportunity that empowers and encourages volunteerism. It provides children with an insightful lens into environmental challenges while fostering essential soft skills like creativity, critical thinking, solution-finding, adaptability, and empathy.

"Participation in the drawing competition was highly significant for the children, as it allowed them to express themselves in various ways, let their imagination run free, and develop skills. They became creative, collaborative, and responsible, with psychological and emotional integrity. Their ability to collaborate, concentrate, self-esteem, self-confidence, and self-control improved. They shared a common purpose and goal." (Teacher's Comment)

"Through their participation, the children learned, had fun, created, and all these communicated to their parents." (Teacher's Comment)

"By participating in the competition, students developed their critical and creative thinking, experienced the joy of collaboration, and expanded their knowledge of the consequences of climate change and effective ways to address it." (Teacher's Comment)

The winning artworks come from the following schools:

CATEGORY 1: KINDERGARTENS & SPECIAL EDUCATION UNITS

1st Prize: 22nd Kindergarten of Rhodes

2nd Prize: Special Elementary School of Kozani

3rd Prize: "Efhoupolis" Rhodes

CATEGORY 2: ELEMENTARY SCHOOLS OF GRADES A, B, C

1st Prize: "Mavrommatis" Educational Institution, Grade A

2nd Prize: 4th Elementary School of Naxos, Grade B

3rd Prize: Elementary School of Nea Chili, Alexandroupolis, Grade C

CATEGORY 3: ELEMENTARY SCHOOLS OF GRADES D, E, F

1st Prize: 3rd Elementary School of Alexandroupolis, Grade D

2nd Prize: Elementary School of Petraias, Grade D

3rd Prize: "Syngroni Paideia" Educational Institution, Mykonos, Grade F

ΚΑΤΗΓΟΡΙΑ
Νηπιαγωγεία και Σχολικές Μονάδες Ειδικής Αγωγής

2023 ΔΙΑΓΩΝΙΣΜΟΣ ΖΩΓΡΑΦΙΚΗΣ
ΗΜΕΡΑ ΝΕΩΝ ΣΤΙΣ ΜΑΛΙΚΕΣ ΚΙ ΕΠΙΧΡΙΣΗΣ ΑΡΓΗΣ

ΠΑΙΔΙΚΗ ΗΕΛΜΕΡΑ



ΚΑΤΗΓΟΡΙΑ
Νηπιαγωγεία και Σχολικές Μονάδες Ειδικής Αγωγής

1
22^ο Νηπιαγωγείο Ρόδου

2
Ειδικό Δημοτικό Σχολείο
Κοζάνης

3
Ευχούπολη, Ρόδος



ΚΑΤΗΓΟΡΙΑ
Δ', Ε', Στ' Τάξεις

2023 ΔΙΑΓΩΝΙΣΜΟΣ ΖΩΓΡΑΦΙΚΗΣ
ΗΜΕΡΑ ΝΕΩΝ ΣΤΙΣ ΜΑΛΙΚΕΣ ΚΙ ΕΠΙΧΡΙΣΗΣ ΑΡΓΗΣ

ΠΑΙΔΙΚΗ ΗΕΛΜΕΡΑ



ΚΑΤΗΓΟΡΙΑ
Δ', Ε', Στ' Τάξεις

1
3^ο Δημοτικό Σχολείο
Αλεξανδρούπολης, Δ' Τάξη

2
Δημοτικό Σχολείο Πετραίας, Δ' Τάξη

3
Εκπαιδευτήρια Σύγχρονη
Παιδεία Μυκόνου, Στ' Τάξη



ΚΑΤΗΓΟΡΙΑ
Α', Β', Γ' Τάξεις

2023 ΔΙΑΓΩΝΙΣΜΟΣ ΖΩΓΡΑΦΙΚΗΣ
ΗΜΕΡΑ ΝΕΩΝ ΣΤΙΣ ΜΑΛΙΚΕΣ ΚΙ ΕΠΙΧΡΙΣΗΣ ΑΡΓΗΣ

ΠΑΙΔΙΚΗ ΗΕΛΜΕΡΑ



ΚΑΤΗΓΟΡΙΑ
Α', Β', Γ' Τάξεις

1
Εκπαιδευτήρια Μαυρομάτη,
Α' Τάξη

2
4^ο Δημοτικό Σχολείο
Νάξου, Β' Τάξη

3
Δημοτικό Σχολείο Νέας Χηλής
Αλεξανδρούπολης, Γ' Τάξη



ΑΦΙΣΕΣ ΒΡΑΒΕΙΑ

2023 ΔΙΑΓΩΝΙΣΜΟΣ ΖΩΓΡΑΦΙΚΗΣ
ΗΜΕΡΑ ΝΕΩΝ ΣΤΙΣ ΜΑΛΙΚΕΣ ΚΙ ΕΠΙΧΡΙΣΗΣ ΑΡΓΗΣ

ΠΑΙΔΙΚΗ ΗΕΛΜΕΡΑ



ΑΦΙΣΕΣ ΒΡΑΒΕΙΑ

1
Κλιματική αλλαγή: Υπάρχουν λύσεις!
ΔΙΑΓΩΝΙΣΜΟΣ ΖΩΓΡΑΦΙΚΗΣ 2023
1^ο Βραβείο Νηπίου ΗΕΛΜΕΡΑ

2
Κλιματική αλλαγή: Υπάρχουν λύσεις!
ΔΙΑΓΩΝΙΣΜΟΣ ΖΩΓΡΑΦΙΚΗΣ 2023
2^ο Βραβείο Νηπίου ΗΕΛΜΕΡΑ

3
Κλιματική αλλαγή: Υπάρχουν λύσεις!
ΔΙΑΓΩΝΙΣΜΟΣ ΖΩΓΡΑΦΙΚΗΣ 2023
3^ο Αρρεβός Νηπίου ΗΕΛΜΕΡΑ



DIVE INTO KNOWLEDGE FROM GLAROPOULA

HELMEPA has released the second episode of the digital educational series 'Dive into Knowledge'. In this episode, Lili the sea turtle and her friends tackle various problems caused by plastics, ending up in the oceans.

Two issues of the specially designed children's newspaper "Ta Glaropoula" were also published, aiming to foster a love for the sea. Through engaging activities, children learned about the 17 Global Sustainable Development Goals, sea turtles, and the broader impact of plastic pollution on marine life. They enjoyed playing hangman, solving quizzes, and challenging their friends with knowledge games."



ΕΛΛΗΝΙΚΗ ΕΝΟΣΗ ΠΡΟΣΤΑΣΙΑΣ
ΘΑΛΑΣΣΙΟΥ ΠΕΡΙΒΑΛΛΟΝΤΟΣ
HELLENIC MARINE ENVIRONMENT
PROTECTION ASSOCIATION

41 ΧΡΟΝΙΑ
ΕΘΕΛΟΝΤΙΚΗΣ
ΔΡΑΣΗΣ

ΜΠΟΡΟΥΜΕ
ΝΑ ΣΩΣΟΥΜΕ
ΤΙΣ ΘΑΛΑΣΣΕΣ

WATCH VIDEO
ONLINE



Κι ομάδι! Και μάλιστα κατά τη δύρκεια αυτής της διαδικασίας, δηλαδή όσο ακόμη κρυπτό, γίνεται η μεγαλύτερη μετανάστευση ειδών (κατά μέσο) στον πλανήτη μόνο που δεν είναι γενναροφυΐ, αλλά κατακύρωσή, γι' αυτό και συναδέστηκε «Κατακύρωση Μετανάστευση».

Τη νύχτα ο ακενάνδη Σωτηράνδη! Διακοποταμίαρια θαλάσσιοι οργανισμοί, κυρίως ζωοταγκόν, φεύγουν από τα βαθύτερα νερά και εποικοδομούν τα επιρρεαλικά γιατί εκεί θα βρουν πλούσια τροφή. Είναι καλή ώρα, γιατί έχει σκοτειδί και κρύβονται από τους θηρευτές.

Κι άταν γιει η φήμη και φωτίστε τα επιρρεαλικά νερά στηματάνε να φύκουν για μεζέ, κι επιστρέφουν στα βαθιά, πιο σκοτεινά νερά, για να ξανακρύψουν. Για μιν γίνουν τα ίδια κμεζές.

Στα Εργαστήρια Διδασκαλίας του Υπουργείου Παιδείας – Θρησκευμάτων, θα βρείτε τη νέα έκδοση για τα προσεδάφια μας εις θάλασσα είναι ζωή και το πλωτό μουσικόπαια – κατανού, πορτρέτο, μηδενίζω.

Αυτό το καθημερινό ταξίδι απαιτεί πολλή ενέργεια για ένα θαλασσιό οργανισμό, αλλά ιδέα το διλήμμα: Ηδη μέντα στα επιρρεαλικά νερά και να γίνει τροφή ή να μένει στα βαθύτερα και να ληκτοκτνώσει;

Στη νυχτιδιά κατακύρωση μετανάστευση συμμετέκουν και τα Κυπρίνοι.

Οργανωμένη με περίσσο δύναμη και σύμμα που μιαδείν με δάκρυ, βάλε και τις 2 κεραίες που έκουν μπροστά, σαν τους Σελύντον Πλαγκτόν (εκβρά του κύριου Καρβούρα) από τους Μητρώο Σημουγγάρδοκ που όλο προσπαθεί να κλέψει τη συνταγή των καβουροπάτ. Στη μετανάστευση συμμετέκουν και το δροφάριο που ζει σε βάθη 200-1500 μέτρων και το μεγεθύδο του Σεν Ερεπράνια τα 32 εκατοτό. Ήσως να είναι και ο μικρότερος «δράφακος» που υπάρχει!

Το καβούκι τους, είτε από κόκκινο δέρμα, είναι η πανοπλία τους παρόλο που δε αντιβάλλεται με τις κελάνες της Τσάντας Σερβιέρας που μετρήσουν το κεφάλι τους και το περιγύρι τους μέσα σε αυτό για να προστατεύονται. Το θετικό είναι ότι έπια καλύπτουν ιρηγοφόρτες.

Αγαπημένης τους λικουδίνια είναι οι μεδουσές. Ετοι μαλάκες όπως είναι, τις τρέινε εύκολα, μας και δεν έχουν δύνατα.

Στα Εργαστήρια Διδασκαλίας του Υπουργείου Παιδείας – Θρησκευμάτων, θα βρείτε τα προσέδαφα μας εις θάλασσα είναι ζωή και το πλωτό μουσικόπαια – κατανού, πορτρέτο, μηδενίζω.



Είναι εκπληκτικό πώς η θηλυκή θαλάσσια χελώνα μετανάστευση που γεννήθηκε για να αργήσει τα μέτρα αστραπής δύο. Άλει και κρύβει μαζί μέσα μέσα της την επιχείρηση στον τόπο που γεννήθηκε. Ανάλογα με τη θερμοκρασία της διάμερης, μπορούμε να προβλέψουμε κι αν θα γεννηθούν αρρενοκά ή θηλυκά χελωνάκια. Σεστή δάκρυς δίνει θηλυκά, ενώ πιο δρασερές, αρεσνικά!

Διατηρούν την ισορροπία στα βαθιάσια οικοσυστήματα, μεταφέρουν δραπετικά αισθητικά μέσα του πεπτικού τους συστήματος στα διδύμα μέρη που εποκεντήστηκαν αισθητός την παραγγελγότητα των θαλασσών, αυθαίριστα στην παραγωγή ανθρώπινης παραγωγής λιθρίδων που διερμηνεύει διαδεδίθιο του άνθρακα και βίστιβων στην απικεκρυπτή της κλιματικής αλλαγής.

Οι θαλάσσιες χελώνες καταφέρουν να επιβιώσουν. Οι δενδύσαρους πόλις, Αίγαν και τόσο μεγάλοι και επιβλητικοί, δεν τα κατέφεραν!

Στα Εργαστήρια Διδασκαλίας του Υπουργείου Παιδείας – Θρησκευμάτων, θα βρείτε τα προσέδαφα μας εις θάλασσα είναι ζωή και το πλωτό μουσικόπαια – κατανού, πορτρέτο, μηδενίζω.

29th ANNUAL BOARD OF REPRESENTATIVES MEETING OF HELMEPA JUNIOR

**"For the sea I love, I send you
an important message: Stop
plastic pollution here and now,
for a bright and shining planet!"**

This joint resolution on plastic pollution was crafted through design thinking techniques by 13 children-members of the HELMEPA Junior Program, representing 11,653 students from kindergartens and elementary schools from the 13 geographical regions of Greece.

Alongside the meeting of the young volunteers, teachers, representatives from Primary Education Directorates, and parents/guardians enhanced their toolkit through HELMEPA's Sustainable Development and Blue Economy Workshops.

The event was held with the generous support of HELMEPA member company, Costamare Shipping Company S.A.

*Athanasis Beis,
CEO of Costamare Shipping Company S.A.*



SEAGULL TRAVELING TO SCHOOL YARDS WITH HELMEPA'S ELECTRIC VAN

With our electric van, we traveled to Thessaloniki, making 10 stops at schools participating in the HELMEPA Junior program. Along the way, we distributed materials to 400 children and 35 teachers, engaging in discussions about the marine environment.

Stops in Polichni, Stavroupoli, Agios Antonios in Thermi, Aiginio, Kolindros, and Skotina in Pieria, as well as Pelasgia, Larymna in Fthiotida, Livadia, and Vagia in Viotia, provided us with the opportunity to be inspired by the children's enthusiasm!

We would also like to acknowledge the support of KOSMOCAR, our member, for providing the electric van, making this outreach possible.

KOSMOCAR



SYMI JOURNEY WITH AXION HELLAS

HELMEPA Junior teamed up with Axion Hellas, a nonprofit organization dedicated to providing vital medical care and infrastructure in a joint effort to raise awareness about marine protection among children. Dimitris Kazas, HELMEPA's New Generation Manager, conducted an engaging interactive presentation on ocean significance and conservation to Symi's Primary Schoolchildren. The day concluded with a beach clean up.



NEMO AT ZEA MARINA

As part of HELMEPA's collaboration with member D-Marin, primary school students had the opportunity to visit Marina Zeas and participate in activities focused on ocean protection.

In June, students from the 25th Primary School of Nikea were educated about the marine environment and took part in a marina clean up. They also had the chance to name the marina's waste collection robot, which is now proudly called "Nemo."

In December, students from the Interactive European School were introduced to "Nemo," learned about plastic pollution, and created a marine world featuring messages about its protection.



SEAGULL WINS 1st PRIZE AT THE AGIOS DIMITRIOS CARNIVAL

Students from the 17th Primary School of Agios Dimitrios, dressed as fish, divers, and jellyfish with the theme "Save the Ocean," participated in their local carnival. Carrying signs with the Seagull's message, they won 1st prize for their creative idea!



NEW GENERATION



YOUTH AMBASSADORS KICKSTART CLEAN UP SEASON

High school and middle school students collected 462 kg of litter from the Peace and Friendship Stadium beach, as part of the Team Seas international collaborative fundraiser. Following the recording of collected debris, Antipollution (HELMEPA member) processed for recycling the various waste streams. Moreover, Youth Ambassadors had the opportunity to witness volunteer divers (MEPP) conducting an underwater clean up, removing chairs, umbrellas, car tires, and plastic objects that don't belong to the seafloor.

Youth Ambassadors are leaders who conceptualize, design, and execute volunteer projects with our support. For the Youth, With the Youth.



HELMEPA
YOUTH
AMBASSADORS



1st NATIONAL VISUAL ARTS COMPETITION SEA IS LIFE!

HELMEPA held its 1st National Visual Arts Competition, "Sea is Life!" with winning works decorated with HELMEPA's reusable thermos. Congratulations to the winners and all participants!

We are proud to have made their first group exhibition a reality during the Nafemporiki event, showcasing their creativity and commitment to marine conservation.

Melina Aslanoglou

(Athens College)

Emmanouela Patsi

(Athens College)

Alexia Theodorou

(Athens College)

Amaryllis Tsohantari

(Athens College)

WINNERS



YOUTH AMBASSADORS AT SPETSES MINI MARATHON

16 Youth Ambassadors ran for the seas with HELMEPA's team at the Spetses Mini Marathon, joined by Mr. Michalis Dalakouras, HELMEPA Board Member, and Ms. Olga Stavropoulou, HELMEPA Director General, along with other adult volunteers. It was a highly engaged team effort, and special thanks go to the organizers of the Spetses Mini Marathon for supporting our cause.



DAY WITHOUT LESSONS

In the context of the "Day without Lessons", 150 students of the Moraitis School were informed about climate change, the 17 Global Goals of Sustainable Development and the need to protect the marine environment from litter. They were then taken to the field, where they carried out a voluntary clean up of the beach in Schinias Marathon.



CAMPION AT THE INTERNATIONAL COASTAL CLEAN UP

Over 60 high school students of Campion were informed about HELMEPA's mission to save the seas and organized action teams that participated in 2 voluntary beach clean ups in the framework of the International Voluntary Coastal Clean up.



EMPOWERING THE NEXT GENERATION FOR MARITIME PROFESSIONS

The Blue Horizons initiative, held from March 17-19, 2023, brought together over 250 young people (ages 15-25) to explore maritime career opportunities. Organized by HELMEPA, the Yacht Club of Greece, and the Propeller Club (Port of Piraeus), the initiative connected youth with the shipping industry and the growing blue economy.

Key industry leaders like George Prokopiou (President, Yacht Club of Greece), Semiramis Paliou (President, HELMEPA), and Costis Frangoulis (President, Propeller Club) shared insights on maritime careers, women's inclusion, and the need for updated education. Workshops and mentoring sessions focused on marine transportation, blue careers, and sustainable development.



HELMEPA's unique methodology empowers the youth to take an active role by posing direct questions to industry leaders, fostering real-time dialogue and on-the-spot mentoring. This approach allowed participants to engage meaningfully, gaining immediate insights and advice from experts, ensuring their voices were heard and their curiosity met with guidance tailored to their needs.





SHAPING FUTURES: HELMEPA GRANTS 7 NEW SCHOLARSHIPS TO YOUNG SCIENTISTS

Seven new scholarships were granted to young scientists for postgraduate studies in Shipping, Environment, Sustainable Development and Education, for the Academic Year 2023-2024, with a total value of €75,000, honoring the memory of the late George Livanos, Capt. Vassilis Constantakopoulos, George Dalacouras, Vassos Hajioannou, Stavros Daifas, and

Nikolaos Apostolopoulos, symbolizing a continuation of their legacy through the pursuit of knowledge.

Since 1998, 56 scholarships have been awarded, shaping the future across the Shipping and Environment fields thanks to our Donors and member-companies.



ANNUAL SCHOLARSHIPS' PROGRAMME

SINCE 1998

WE STAND
BY **YOUNG**
SCIENTISTS

A scholarship of €15,000, in memory of George P. Livanos, was awarded to **Vasiliki Sifnaiou** for postgraduate studies in "Maritime Science and Maritime Technology Management" at the University of Piraeus and the Hellenic Naval Academy.



Semiramis Paliou (right), HELMEPA Chairperson presents the scholarship to Vasiliki Sifnaiou



George Karageorgiou
HELMEPA Vice Chairperson
presents the scholarship to
Harikleia-Foteini Pantagaki



Capt. Giannis Drakogiannopoulos
of Costamare Shipping presents
the scholarship to Iakinthe
Kontou

A scholarship of €15,000, in memory of Captain Vasilis K. Konstantakopoulos, was divided into two equal parts of €7,500 each and awarded to:

Harikleia-Foteini Pantagaki for postgraduate studies in "Environmental Biology" at the University of Crete.

Iakinthe Kontou for postgraduate studies in "Oceanography and Marine Environmental Management" at the National and Kapodistrian University of Athens.

A scholarship of €10,000, in memory of Georgios D. Dalacouras and generously sponsored by his family, was awarded to **Maria-Elena Arfani** for postgraduate studies in "Environmental Engineering" at the Technical University of Denmark.



Michalis G. Dalakouras HELMEPA BoD Member presents the scholarship to Maria-Elena Arfani

A scholarship of €10,000, in memory of Vassos Hajioannou and generously sponsored by his family, was awarded to **Christos Pavlidis** for postgraduate studies in "Sustainable Environmental Design" at the Architectural Association (AA) in the United Kingdom.



Maria Hajioannou HELMEPA BoD Member presents the scholarship to Christos Pavlidis

A scholarship of €15,000, in memory of Stavros Daifas and generously sponsored by his daughter, Ms. Irini S. Daifas, was awarded to **Panagiotis Antoniadis** for postgraduate studies in "Specialized Advanced Master in Maritime Project Management - Ship Maintenance" at École Nationale Supérieure de Techniques Avancées Bretagne, France.



Irene St. Daifa HELMEPA General Secretary presents the scholarship to Panagiotis Antoniadis

A scholarship of €10,000, in memory of Nikolaos S. Apostolopoulos and generously sponsored by his family, was awarded to **Christina Parga** for postgraduate studies in "Maritime Law" at Southampton University, United Kingdom.



Electra Apostolopoulou presents the scholarship to Christina Parga



HELMEPA'S GROWING ROLE IN EUROPEAN CO-FUNDED PROGRAMS

Following the revision of its constitution to facilitate participation in EU programs, HELMEPA has already achieved significant milestones. Our consistent participation enhances our European outlook, enabling us to bring valuable data, content, policies, and research to our community—all at no cost.

At the Secretariat, we are becoming more sophisticated, staying informed on the latest trends through synergies with universities, academia, policymakers, NGOs, and other organizations abroad. Our commitment to cross-border cooperation and extroversion has been instrumental in fostering these relationships.

We have gained the trust of our European partners, demonstrating our reliability and quality through participation in high-standard projects. This trust reinforces our mission to promote sustainable development within our community.



ONE SUCCESSFUL CONCLUSION, TWO NEW LAUNCHES, AND ONE UPCOMING PROJECT

The **BLUEGENERATION PROJECT**, funded by EEA Grants, was successfully completed in 2023, reaching over 17 million young people across Europe and earning several awards. Building on this success, HELMEPA has launched two new Erasmus+ programs:

SHE4SEA

Aiming to enhance women's employability in shipping, maritime tourism, and fisheries/aquaculture in Greece, Cyprus, Spain, and Bulgaria, with a duration of 27 months.

EXCEED

Focused on creating Centers of Vocational Excellence (COVE) in Advanced Manufacturing across Spain, Italy, Greece, the Czech Republic, and Finland, with a duration of 4 years.

Additionally, we are excited to announce the approval of a new project:

eSgEA

This initiative promotes ESG in the shipping industry in Greece, Norway, Germany, Spain, and Cyprus, with a duration of 28 months.

BlueGeneration project | Our achievements so far

17 million+
youth reached through social media

45.000+
youth informed about the
careers in Blue Economy

14.000+
youth engaged
in active job search

3.500+
youth enrolled in training
and mobility schemes

In cooperation with **1.300+** organizations



she4sea

Co-funded by
the European Union

Building a diverse workforce
within the maritime sector
is key for a sustainable future

women in
blue economy



EXCEED

Excellence in
green and digital
manufacturing



Co-funded by
the European Union

www.exceed-cove.eu



OCEAN AND CLIMATE LITERACY IN NAUTICAL HIGH SCHOOLS

From April 2022 to August 2023, 120 Greek and Italian students from two Nautical High Schools participated in the "RIDE THE WAVE" project, aimed at developing ocean and climate awareness. This educational program, implemented by HELMEPA in partnership with the Italian environmental organization Marevivo Onlus, included a series of seminars on ocean and climate topics.

At the end of the program, students presented their projects, which were successfully integrated into the European Blue Schools Network. The Italian Institute created the mural "Art for the Sea," combining science, artistic expression, and environmental education to promote sustainable practices.



The project also featured a collaborative effort by EPAL Konistrion, where students conducted in-depth interviews with executives from Environmental Protection Engineering (EPE SA).

An Educational Guide was developed, providing guidelines for implementing similar projects and involving stakeholders such as teachers, marine professionals, and environmental associations in ocean and climate education.

The program included a series of three webinars with expert scientists from Greece, Italy, and other European countries, fostering the exchange of knowledge and practices in environmental education. This initiative formed a network of organizations (Local Sea Network, LSN) related to the Blue Economy.

The "RIDE THE WAVE" project was funded by the Erasmus+ 2021-2027-KA210-SCH-000049369 program and was awarded as a "Best Practice," highlighted on the Erasmus+ Results Platform.

EDUCATING THE GUARDIANS OF THE SEA

The "Sea Guardians" program (October 2021 - June 2023) aimed to educate professionals whose work impacts the marine environment, with a focus on Marine Protected Areas. Coordinated by HELMEPA, with partners AENAOS THALASSA, Natural Environment & Climate Change Agency (OFYPEKA), and scientific support from the Aristotle University of Thessaloniki, the program highlighted challenges facing marine ecosystems and proposed solutions.

Over 700 participants, including Coast Guard officers, fisheries service staff, researchers, NGO members, fishermen, and citizens, engaged in structured dialogues and workshops. Educational materials were shared online.

The program was funded by the Green Fund under Priority Axis 3, "Innovative Actions with Citizens," as part of the "Natural Environment and Innovative Actions 2021" initiative.



Key activities included:

- 3 webinars on the role and importance of marine environment.
- 3 online workshops (e-labs) exploring systemic and individual practices affecting marine ecosystems, using participatory dialogue.
- An experiential weekend in Kavala with workshops for fishermen, coastal clean ups, and a two-day conference in Alonissos.
- Launch of the SEAtizens Watch mobile app for citizen science, gathering data on endangered species and pollution hotspots.



COMMUNITY OUTREACH



HELMEPA'S 40-YEAR LEGACY A HISTORICAL OVERVIEW

Crafted to celebrate our 40th anniversary, this limited-edition masterpiece blends history with messages from maritime leaders, alongside captivating photographs that portray the essence of our oceans, beaches, and vessels. This isn't a simple book: it's a stairway to our enduring legacy of environmental stewardship.

A book presentation was held at Public in Syntagma square, bringing together prominent maritime figures and the dedicated team behind the 40th Anniversary Album's creation, Editors, Writers, Photographers, Art Designers, and more.



[WATCH VIDEO
ONLINE](#)



HELMEPA 'RINGS THE BELL' FOR SUSTAINABLE DEVELOPMENT AT THE ATHENS STOCK EXCHANGE



HELMEPA "rang the bell" on sustainable development at the Athens Stock Exchange during the opening of the Meeting on Friday 17 February 2023, in the presence of HELMEPA's Board of Directors and members of the press.

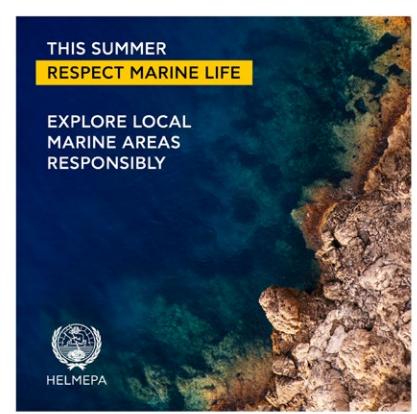
IMPACTFUL WORK ON SAFETY AT SEA

Achievements have been realized through our program "Enhancing the Understanding of New and Enduring Challenges in Maritime Safety Culture in the East Mediterranean," coordinated by HELMEPA in partnership with Lloyd's Register, CYMEPA, and DYNAMARINe, with the generous support of the Lloyd's Register Foundation. HELMEPA is referenced in the Lloyd's Register Foundation Report.



SUMMER AWARENESS CAMPAIGN ON SOCIAL MEDIA

HELMEPA launched a summer awareness campaign across social media platforms to educate and engage the public on important environmental issues. This campaign focused on marine conservation, safe practices at sea, and sustainable development, reaching a wide audience through engaging content and interactive posts. The initiative aimed to inspire action and promote responsible behavior among followers during the summer season.



INTRODUCING THE LOVE EARTH REUSABLE SHOULDER BAG

The Love Earth reusable shoulder bag, made from 100% cotton, is designed for frequent use and symbolizes a shared commitment to protecting our planet. This eco-friendly initiative, a collaboration between Public and HELMEPA, encourages sustainable living and promotes environmental awareness.



PANHELLENIC VISUAL ARTS COMPETITION ON TV

Evi Gerasimou, HELMEPA's Communications Officer, spoke on the "perimetros" tv show on ert3official tv channel about the Panhellenic art competition "The Sea is Life".

THEY PROTECT US DO WE PROTECT THEM?

Marine Protected Areas protect endangered species and vulnerable habitats - help fish stocks recover - preserve biodiversity. They do nothing but good for the ecosystem and we enjoy their beauty. Let's protect them too.



WATCH VIDEO
ONLINE



HELMEPA'S NEW OFFICE LOCATION

After 22 years, HELMEPA has relocated to a new office, enhancing our workspace and collaboration capabilities. This move was executed in parallel with our ongoing initiatives and projects, thanks to the hardworking and efficient Secretariat, who successfully managed this demanding transition. The new open layout fosters a more collaborative atmosphere, bringing the team together effectively.



MEMBERSHIP



14,281 SEAFARERS

6,583 DECK OFFICERS

3,630 ENGINE OFFICERS

3,593 SEAFARERS OF VARIOUS FIELDS & COMPANY EXECUTIVES

475 NAVY & COAST GUARD OFFICERS

2,325 VESSELS (127,876,102 GT – 216,361259 DWT)

158 MANAGING COMPANIES

34 ASSOCIATE COMPANIES

151 SUPPORTERS

The categories, number of vessels, average age and total DWT per vessel type are presented in the following table:

Vessel type	Total	Average age	Total DWT
Bulk Carrier	1,130	13	52,779,945.2
Tanker	678	13	45,545,046.9
Container	315	13	17,695,964.7
Cruise Ship	27	13	2,315,152
LNG	62	13	6,646,476
LPG	50	13	1,700,493
Passenger	20	13	473,759.7
RoRo Vehicle Carrier	15	13	584,673
Tug	4	13	13,288.48
Yacht	12	15	9,712
Oil Barge	8	28	12,792.81
RoRo Cargo	4	16	98,798

In 2023 the following changes were made:

NEW MEMBERS

16 MANAGING COMPANIES

4 ASSOCIATE & 30 SUPPORTING MEMBERS

WITHDRAWAL OF MEMBERS

2 MANAGING COMPANIES

1 ASSOCIATE & 5 SUPPORTING MEMBERS

The registers and the number of member vessels are shown below:

Marshall Islands	641
Liberia	531
Malta	479
Greece	245
Cyprus	129
Panama	101
Bahamas	90
Bermuda	34
Nigeria	12
Belgium	18
Hong Kong	9
French	9
Isle of Man	8
Italy	7
Portugal	5
Cayman Islands	3
Gibraltar	3
Vanuatu	1

The average age of the total registered vessels was 13 years

MANAGING COMPANY	VESSELS
A.B. MARITIME INC.	7
A.M. NOMIKOS TRANSWORLD MARITIME AGENCIES	43
ADELFI NAVIGATION S.A.	4
AEGEAN BULK CO. INC.	8
AEGEAN ECO CARRIERS S.A.	6
AEGEAN SHIPPING MANAGEMENT S.A.	9
AELOS MANAGEMENT S.A.	4
AIMS SHIPPING CORPORATION	7
AKTEA II MARITIME COMPANY	1
ALASSIA NEWSHIPS MANAGEMENT INC.	10
ALBERTA SHIPMANAGEMENT LTD.	17
ALIOS BULKERS LTD	2
ALMA SHIPMANAGEMENT & TRADING S.A.	7
ALMI TANKERS S.A.	13
ALPHA BULKERS SHIPMANAGEMENT INC.	34
ANBROS MARITIME S.A.	2
ANDRIAKI SHIPPING CO. LTD.	8
ARCADIA SHIPMANAGEMENT CO. LTD.	9
ARISTON NAVIGATION CORP.	7
ASSO MARINE SERVICES LTD	1

MANAGING COMPANY	VESSELS
ASTRA SHIPMANAGEMENT INC	7
ATHENIAN SEA CARRIERS LTD.	0
ATLANTIC BULK CARRIERS MANAGEMENT LTD.	16
AXIS BULK CARRIERS INC.	5
BLUE LINE SHIP MANAGEMENT S.A.	2
BLUE PLANET SHIPPING LTD.	13
BLUE STAR FERRIES MARITIME S.A.	10
CALIBER MARITIME S.A.	4
CAPITAL SHIP MANAGEMENT CORP	19
CARRAS (HELLAS) S.A.	9
CENTROFIN MANAGEMENT INC.	2
CENTURY BULK CARRIERS MANAGEMENT CO.	13
CHANDRIS (HELLAS) INC.	13
CHARTERWELL MARITIME S.A	15
CHIOS NAVIGATION (HELLAS) LTD.	10
CHRONOS SHIPPING CO. LTD	5
CLEOPATRA SHIPPING AGENCY LTD.	1
CONBULK SHIPMANAGEMENT CORPORATION	37
CORAL SHIPPING CORPORATION	13
COSTAMARE SHIPPING COMPANY S.A.	69

MANAGING COMPANY	VESSELS
CYRpus SEA LINES CO LTD	10
DALEX SHIPPING CO. S.A.	13
DANAOS SHIPPING CO. LTD.	68
DIANA SHIPPING SERVICES S.A.	36
DIANIK BROSS SHIPPING CORPORATION S.A.	2
DORIAN LPG MANAGEMENT CORP.	20
DRYLOG SERVICES LTD.	13
EASTERN MEDITERRANEAN MARITIME LTD.	80
ECONAV S.A.	4
EFNAV COMPANY LTD	15
EF SHIPPING COMPANY S.A.	6
ELEMENT SHIPMANAGEMENT S.A.	4
EMPROS LINES SHIPPING COMPANY SP. S.A.	9
ENEA MANAGEMENT INC.	5
ENESEL S.A.	14
ESTORIL NAVIGATION LTD.	3
EUROBULK LTD.	25
EURONAV SHIP MANAGEMENT (HELLAS) LTD.	57
FAFALIOS SHIPPING S.A.	4
FRANCO COMPAÑIA NAVIERA S.A.	10

MANAGING COMPANY	VESSELS
GASLOG LNG SERVICES LTD.	35
GENIMAR SHIPPING & TRADING S.A.	4
GOLDEN UNION SHIPPING COMPANY S.A.	28
GOLDEN YACHTS LTD.	11
GOULANDRIS BROTHERS (HELLAS) LTD.	3
HALKIDON SHIPPING CORPORATION	5
HELLENIC TANKERS CO LTD	7
HYDROUSSA NAVIGATION LTD	10
IONIC SHIPPING (Management) INC.	7
KASSIAN MARITIME LTD.	8
KAST SHIPMANAGEMENT S.A	2
KONKAR SHIPPING AGENCIES S.A.	3
KYKLADES MARITIME CORPORATION	22
KYLA SHIPPING & TRADING CORP.	9
LASKARIDIS SHIPPING CO. LTD.	53
LATSCO MARINE MANAGEMENT INC.	28
LEON SHIPPING & TRADING S.A.	4
LIDMAR SHIPPING AND TRADING COMPANY LTD	1
LOTUS SHIPPING COMPANY LTD.	7
M/MARITIME CORPORATION	18

MANAGING COMPANY	VESSELS
MARINE TRUST LTD.	22
METROSTAR MANAGEMENT CORP.	3
MILLENNIA MARITIME INC.	7
MINERVA DRY INC.	12
MINOAN LINES SHIPPING S.A	4
NAFTOMAR SHIPPING & TRADING CO. LTD.	14
NARVAL SHIPPING CORPORATION	4
NAVARONE S.A.	25
NEDA MARITIME AGENCY CO. LTD.	25
NEPTUNE LINES SHIPPING & MANAGING ENTERPRISES S.A.	19
NEREUS SHIPPING S.A.	14
NEW KRONOS STAR MARITIME COMPANY S.A.	1
NIOVIS SHIPPING CO. S.A.	12
OCEANBULK INTERNATIONAL S.A.	5
OCEANBULK MARITIME S.A.	3
OLYMPIA OCEAN CARRIERS LTD.	9
OLYMPIC SHIPPING & MANAGEMENT S.A.	18
OMICRON SHIP MANAGEMENT INC.	1
OPTIMUM SHIPMANAGEMENT S.A. (CELESTYAL CRUISES)	3

MANAGING COMPANY	VESSELS
ORPHEUS MARINE TRANSPORT CORPORATION	4
PANTHEON TANKERS MANAGEMENT LTD.	32
PAVIMAR S.A.	25
PEGASUS OCEAN SERVICES INC.	3
PIONEER MARINE HELLAS S.A.	8
PLUTOFYLAX SHIPPING CORPORATION	2
POSEIDON SHIPPING CO LTD	1
PRIME GAS MANAGEMENT INC.	1
PRIME TANKER MANAGEMENT INC.	16
PROMINENCE MARITIME S.A.	6
PYXIS MARITIME CORP.	5
QUEENSWAY NAVIGATION CO. LTD.	6
ROXANA SHIPPING S.A.	10
SAFE BULKERS MANAGEMENT Ltd.	44
SAFETY MANAGEMENT OVERSEAS S.A.	8
SEA GLOBE MANAGEMENT AND TRADING INC.	7
SEA PIONEER SHIPPING CORPORATION	12
SEA WORLD MANAGEMENT AND TRADING INC.	20
SEALINK NAVIGATION LTD.	7
SEANERGY SHIPMANAGEMENT CORP.	19

MANAGING COMPANY	VESSELS
SEASPIRE MARITIME Inc.	5
SEAVEN DRY MANAGEMENT INC.	6
SEAVEN TANKER MANAGEMENT INC.	10
SEKAVIN S.A.	3
SERA SHIPPING CO.	3
SPRING MARINE BULK. S.A.	5
STAR BULK MANAGEMENT INC.	19
STAR BULK SHIPMANAGEMENT COMPANY (CYPRUS) LIMITED	10
STARBULK S.A.	68
STEM SHIPPING CO. S.A.	10
SUN ENTERPRISES LTD	15
TARGET MARINE S.A.	10
TECHNOMAR SHIPPING INC.	97
TEO SHIPPING CORPORATION	6
THENAMARIS (SHIPS MANAGEMENT) INC.	52
THENAMARIS CONBULK INC	23
THENAMARIS LNG INC.	15
TIDE LINE INC.	6
TMS BULKERS LTD.	13

MANAGING COMPANY	VESSELS
TMS CARDIFF GAS	16
TMS DRY LTD.	46
TMS TANKERS LTD.	52
TRADE FORTUNE INC.	3
TRUST BULKERS LTD.	17
TSAKOS SHIPPING & TRADING S.A.	82
TSAVLIRIS (HELLAS) MARITIME CORPORATION S.A.	2
UNIBROS SHIPPING CORP.	12
UNION MARINE ENTERPRISES S.A.	4
UNISEA SHIPPING LTD.	10
UNITED MANAGEMENT CORP.	8
UNIVERSAL SHIPPING ALLIANCE LTD.	4
VELOS TANKERS LTD.	9
VIRONO SHIPPING S.A.	16
VIRONO UNION MARITIME S.A.	3
VRONTADOS S.A.	6
W MARINE INC	14
ΑΝΩΝΥΜΗ ΝΑΥΤΙΛΙΑΚΗ ΕΤΑΙΡΕΙΑ ΚΡΗΤΗΣ (ANEK LINES S.A.)	6
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ΟΡΓΑΝΙΣΜΟΣ ΛΙΜΕΝΟΣ ΠΕΙΡΑΙΩΣ (Ο.Λ.Π Α.Ε.)

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- Maritime safety & accident prevention
- Human sustainability
- Seafarers' wellbeing
- Marine environmental protection
- Women in shipping
- Blue Economy for youth
- Ocean literacy and Intro to shipping
- Safety culture in fishing/boating
- Voluntary Incident Reporting Platform
- Maritime decarbonization
- Chios Climate Chance

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14,346 SEAFARERS AND SHIPPING
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450,000 STUDENTS - EXHIBITION
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