

# ANNUAL REPORT 2023



HELMΕΡΑ

ΕΛΛΗΝΙΚΗ ΕΝΩΣΗ ΠΡΟΣΤΑΣΙΑΣ  
ΘΑΛΑΣΣΙΟΥ ΠΕΡΙΒΑΛΛΟΝΤΟΣ  
HELLENIC MARINE ENVIRONMENT  
PROTECTION ASSOCIATION

VOLUNTARY ACTION SINCE 1982 TO SAVE THE SEAS

## REFLECTING ON A REMARKABLE YEAR



**Semiramis Paliou**

Chairperson

In 2023, HELMEPA reached new heights, setting records across all programs: maritime training, beach and underwater clean ups, educational initiatives in schools, youth engagement in the blue economy, prestigious awards and recognition, impactful decarbonization projects, volunteer participation, and membership growth.

HELMEPA Academy, honored with the Lloyd's List Greek Shipping Awards 2023, has become a leader in lifelong learning, reaching thousands of people across the maritime world, from seafarers and industry professionals to young scientists and even our youngest members.

With a high-quality roster of over 80 experts, all volunteers committed to sharing knowledge, the Academy covers 75+ maritime subjects and has expanded its impact globally. It has trained over 30,000 maritime professionals, Hellenic Navy and Coast Guard officers, and international crews, continuously increasing record participation.

Nowhere else in the world does a community share knowledge like this, moving forward together.

Our flagship METAVASEA project, recognized at COP28 for driving the green transition in the Eastern Mediterranean, puts people at the heart of maritime decarbonization. As the shipping industry faces the ambitious goal of achieving net-zero GHG emissions by 2050 under the revised IMO strategy, HELMEPA leads the way through INTERMEPA, uniting maritime stakeholders and supply chain participants. Together, we are advancing decarbonization efforts and promoting the UN Sustainable Development Goals, fostering synergy and collaboration to overcome challenges and drive meaningful progress.

Our environmental efforts reached remarkable milestones, with record participation in beach and underwater clean ups. We proudly adopted the former PIKPA beach, creating inclusive opportunities for children with disabilities to access and enjoy the sea. This initiative also launched our Marine Litter Monitoring Program, encouraging members to go beyond experiential clean ups by systematically monitoring beaches and following established protocols for volunteerism and citizen science.

Despite all this activity—and I have only mentioned a few—the hardworking and efficient Secretariat successfully undertook the demanding relocation to new offices after 22 years, bringing the team together in an open layout that fosters a more collaborative atmosphere. Throughout the transition, they ensured that our activities continued at the highest standard, with no delays. We are very proud of our team.

**Dear HELMEPA members, volunteers, and friends,**

**HELMEPA grows stronger each year, setting a global example as a unique model that is open, collaborative, participatory, and deeply engaging. We unite the entire maritime community, sharing knowledge and taking action to save our seas, just as our founding pioneers envisioned over four decades ago.**

**HELMEPA is all of us—together, we move forward with a noble cause, committed to protecting our seas and securing a better future for all.**

A photograph of a small, cylindrical lighthouse with a white top and a brick body, perched on a dark, jagged rock in the middle of a calm sea. The lighthouse is illuminated from within, casting a warm glow. The sky is a soft, pale blue, and the water reflects the light from the lighthouse. The overall mood is serene and isolated.

**our mission**  
TO SAVE THE SEAS







## 2023 STATUS

## A UNIQUE MULTI-STAKEHOLDER PARTICIPATORY PLATFORM

343	SHIPPING COMPANIES AND ORGANIZATIONS	<ul style="list-style-type: none"><li>Sustainable development</li></ul>
2,325	VESSELS OF ALL TYPES	<ul style="list-style-type: none"><li>Pollution prevention</li></ul>
14,281	SEAFARERS AND SHIPPING PROFESSIONALS	<ul style="list-style-type: none"><li>Maritime safety &amp; accident prevention</li></ul>
450,000	STUDENTS - EXHIBITION VISITORS	<ul style="list-style-type: none"><li>Human sustainability</li></ul>
2,450	YOUTH AMBASSADORS	<ul style="list-style-type: none"><li>Seafarers' wellbeing</li></ul>
162,000	JUNIOR MEMBERS (AGES 5-12)	<ul style="list-style-type: none"><li>Marine environmental protection</li></ul>
4,990	SCHOOLS NETWORK	<ul style="list-style-type: none"><li>Women in shipping</li></ul>
10,800	TEACHERS - VOLUNTEERS	<ul style="list-style-type: none"><li>Blue Economy for youth</li></ul>
800	NATIONAL & INTERNATIONAL STAKEHOLDERS	<ul style="list-style-type: none"><li>Ocean literacy and Intro to shipping</li></ul>
300.000	VOLUNTEERS	<ul style="list-style-type: none"><li>Safety culture in fishing/boating</li><li>Voluntary Incident Reporting Platform</li><li>Maritime decarbonization</li></ul>

## 360° SKILLS DEVELOPMENT UPSKILLING, RESKILLING

Holistic, experience-based,  
Refresher Training program  
with worldwide participation

**31,000** seafarers and  
shipping professionals  
certified by HELMEPA's  
Maritime Training Center











EMPOWER PEOPLE  
MAX OUT YOUR IMPACT



Founding  
Member &  
Head Office

## INSPIRED THE MEPA MOVEMENT WORLDWIDE

-  Greece HELMEPA
-  Cyprus CYMEPA
-  Turkey TURMEPA
-  Uruguay URUMEPA
-  Philippines PHILMEPA
-  USA NAMEPA
-  Ukraine UKRMEPA
-  Nigeria NIMEPA

UN ACCREDITED NGO

UNEP/MAP PARTNER

IMO/ TECHNICAL ADVISOR TO GREEK DELEGATION

EMSA, USCG, AMSA COOPERATION

OUR WORK FOR THE SEAS  
FOR THE PLANET, FOR HUMANKIND  
IS INSPIRED, MEASURABLE, SHARED

TAKE ACTION  
WITH HELMEPA  
[www.helmepa.gr](http://www.helmepa.gr)



ACHIEVEMENT IN EDUCATION  
OR TRAINING

# Helmepa Academy



GREEK  
SHIPPING  
AWARDS  
2023



GREEK  
SHIPPING  
AWARDS  
2023

GREEK  
SHIPPING  
AWARDS  
2023



GREEK  
SHIPPING  
AWARDS  
2023

GREEK  
SHIPPING  
AWARDS  
2023





## HELMEPA ACADEMY WINS AWARD FOR EDUCATION AND TRAINING

HELMEPA Academy received the Training & Education Award at the Lloyd's List Greek Shipping Awards 2023. The Academy serves as a lifelong learning platform for thousands of seafarers, office personnel, scientists, and young people.

"Our ESG and people-centered training programs support the maritime community through the green and digital transition. With over 30,000 seafarers participating in our Bridge Simulator and Refresher Program, and our HELMEPA Junior program reaching over half a million children, we continue to make a real impact," said George Karageorgiou, Vice Chairman of HELMEPA.

This award recognizes the collective effort to share knowledge, ensuring no one is left behind in upskilling and reskilling the industry.





# HIGHEST EVER PARTICIPATION REFRESHER TRAINING 2023



## REFRESHER TRAINING PROGRAM 2023 RESULTS

SKILLING RESKILLING UPSKILLING OF SHIPPING & MARITIME PROFESSIONALS



TOP THEMES / PARTICIPATION PER WEBINAR	
316	Seafarers' Well-being
282	Preparing for Port State Control Inspection
192	MARPOL at 50
180	Oil Spill Impact, Preparedness, Response and Claims
180	TMSA and Vetting Awareness: SIRE II Developments
160	Accident Prevention: Managing Risks / Sharing Knowledge

“The webinar was superb and very useful. It gave me new ideas and how to apply them in the future”

“Excellent training program that helps change our mindset to embrace emerging technologies”

“As a deck officer, webinars like this help me a lot to cope with my daily onboard tasks.”

“Very interesting, providing good overview of maritime-related professions. Thank you for offering the opportunity to young people from the Greek periphery to be informed on these critical subjects. Well done!”

“Webinars like this helps us to expand our knowledge, preparedness and awareness for on-board operations.”

## 11% increase in participation compared to 2022

The new 2023-2024 program titled "Skills Development and Growth Mindset for Enhanced Maritime Safety Culture in the Era of Decarbonization, Green & Digital Transition," conducted by HELMEPA's certified Maritime Training Center, is a dynamic, multi-disciplinary, and highly participatory learning platform for seafarers and maritime professionals.

In 2023, a total of 31 webinars and labs of a total duration of 43 days (156 hours of training) were held, attended by 3,484 Merchant Navy (EN) bridge and engine officers of 12 different nationalities, Navy and Coast Guard officers, maritime executives, students of Merchant Marine Academies and HELMEPA scholarship holders.



Emphasizing the importance of the International Maritime Organization (IMO) World Maritime Day 2023 Message "MARPOL at 50 – Our Commitment Goes On," HELMEPA has been presenting a unique practical retraining program for 41 years. This initiative promotes voluntary knowledge sharing, lessons learned, and best practices for the collective benefit of its members, which include 349 companies and organizations in Greece and abroad, as well as over 14,200+ seafarers and maritime professionals.

It is important to ensure that seafarers are a priority in the green transition and for this to happen they need to be properly trained and reskilled, including technical and soft skills such as critical thinking and decision-making, teamwork, resilience, leadership, communication and adaptability, thus acquiring a growth mindset.

# VOLUNTARY TRAINING BY MEMBERS FOR OUR MEMBERS

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71 presenters (31% women) from 46 partner organizations and member companies contributed to our seminars and webinars. We extend our gratitude for their time, expertise, and voluntary commitment.

## **American Bureau of Shipping**

Antony Vourdachas

## **Alpha Bulk Shippers Management Inc.**

Capt. Andreas Togantzis

## **Andriaki Shipping Co. Ltd.**

Panagiotia Chrysanthi

## **ATHINA Maritime Learning & Development Center**

Capt. Meletis Mexis, Stelios Volakis, Alexia Bani

## **Axis Bulk Carriers Inc**

Capt. Constantinos Kyriakopoulos

## **Bermuda Shipping & Maritime Authority**

Steve Brooman

## **Black Rope**

Aristeides Deligiannis

## **Bureau Veritas**

Vasilios Dimoulas, Maria Lampardaki

## **CHIRP Maritime**

Capt. Adam Parnell

## **Costamare Shipping Co. S.A.**

Capt. Giannis Drakogiannopoulos, Anastasia Kokkini, Panagiotis Aravanis

## **Danaos Shipping Co. Ltd.**

Capt. Nikolaos Polimeris

## **Diana Shipping Services S.A.**

Andreas Minaidis

## **DNB Bank**

Nikolaos Papanestis

## **DNV**

Iasonas Stefanatos, Dr. Marina Papaioannou

## **National Maritime Accident and Incident Investigation Service (HBMCI)**

Capt. Constantinos Moutzouvis, Nikolaos Koutsodontis

## **National Technical University of Athens (NTUA)**

George Lykos

## **EMICERT**

Stavros Vlachos, Elvira Koutsouki

## **Environmental Protection Engineering S.A.**

Eirini Mariaki, Athanasios Polychronopoulos

## **Erma First**

Nikos Kyritsis

## **Euronav Ship Management (Hellas) Ltd.**

Capt. Anastasios Kirtsiodis, Capt. Constantinos Kailas

## **GARD**

Alexandra Kouvadelli

## **GASLOG**

Capt. Fotis Giannopoulos, Sokratis Paraskoudas

## **Gnomon Informatics SA**

Dr. Fotis Gonidis

## **Green Digital Finance Alliance (GDFA)**

Katherine Ann Foster, Francois Gardin

## **Hellas Confidence Shipmanagement S.A**

Alexandros Stathopoulos

## **Hellenic Hull Management**

Elias Tsakiris, Ioanna Skondra

## **International Maritime Organization (IMO)**

Loukas Kontogiannis

## **INTERCARGO**

Paul Markides

## **INTERTANKO**

Frans Ubaghs

## **KNOWL S.E.**

Marianna Terzidaki

## **Lloyd's Register**

Dimitrios Simakis, Alexandros Toutountzis, Maria Karachaliou

## **METIS**

Ioannis Stratakos



## Microsoft Corp

Myladie Stoumbou

## The Nautical Institute (Hellenic Branch)

Capt. Nikos Aslanis, Nasir Khan

## Olympic Shipping & Management S.A.

Panagiotis Panagiotakopoulos

## ORIANI

Philip Uhrskov Nielsen, George Karystinos

## Πανεπιστήμιο Αιγαίου

Dr. Maria Lekakou, Capt. George Georgoulis

## University of Piraeus (UNIP)

Dr. Stefanos Chatzinikolaou

## PTR Holland Group Hellas

Stavros Maniateas

## RINA Hellas Ltd.

Katerina Palla

## Sustainable WE

Dr. Natassa Pentagioti

## Thenamaris (Ships Management) Inc.

Capt. Zacharias Vairamakis, George Tsigoulis

## Tsakos Enhanced Education Nautical School (TEENS)

Tatiana Tsardaka

## Tsakos Shipping & Trading SA

Anastasios Kartsimadakis, Leonidas Margetis

## The United Kingdom Mutual Steamship Assurance Association

Thomas Miller (Hellas) Ltd.,

Capt. Costas Karavasilis

## World Maritime University

Dr. Tafsir Johansson, Dr. Aspasia Pastra

HELMEPA ACADEMY

SPEAKERS SHARING KNOWLEDGE AND EXPERTISE FOR SAFE & SUSTAINABLE SHIPPING

THANK YOU



HELMEPA ACADEMY

COMPANIES SHARING KNOWLEDGE AND EXPERTISE FOR SAFE & SUSTAINABLE SHIPPING

THANK YOU



# TAILOR-MADE TRAINING

## BASED ON MEMBER FEEDBACK AND INDUSTRY TRENDS

The 2023-2024 Program was shaped by a targeted survey of members, addressing training needs, maritime regulation updates, new technologies, and weaknesses identified through PSC (Port State Control) inspections, aligned with HELMEPA's strategic objectives.



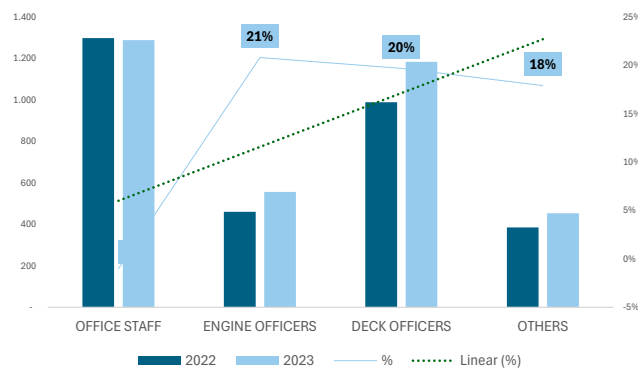
The program included one-day and two-day web and physical presence seminars (labs) on the following 20 topical topics:

1. **Decarbonizing Shipping: Getting Closer to 2030**
2. **Enhancing operational safety and safety awareness on board**
3. **Accident prevention: managing risks / sharing knowledge**
4. **Preparing for Port State Control inspections**
5. **MARPOL at 50 and other environmental Conventions – Our commitment goes on**
6. **Digital transition and cybersecurity awareness in shipping**
7. **TMSA and vetting awareness: SIRE II developments**
8. **ESG Masterclass**
9. **Seafarers' well-being Parts 1 & 2**
10. **Oil spill impact, preparedness, response, and claims**
11. **Handling of solid bulk cargoes and Dry BMS**
12. **Containerization / safe handling of containers**
13. **Handling LNG as cargo and fuel**
14. **Best practices for improving the ship-port interface**
15. **Hot Technical Topics for Modern Electro-Technical Officers**
16. **ABC to SDGs (lab)**
17. **Train the Maritime Trainer (lab)**
18. **Hazardous & Noxious Substances Response Training – OPRC HNS Protocol 2000**
19. **Pilot Ladder Safety**
20. **Intro to Shipping & Blue Economy for Youth**



The most attended seminars focused on seafarers' welfare, ship preparation for PSC inspections, and MARPOL issues, while sessions on maritime decarbonization, safety leadership, and shipboard electrical-electronic-mechanical engineers SEMOs were rated as the most useful for shipboard and office operations. The use of interactive tools like polls increased attendee engagement by 50%.

#### INCREASED PARTICIPATION OF DECK AND ENGINE OFFICERS



## BLUE KNOW HOW WITH YOUNG PEOPLE, FOR YOUNG PEOPLE

The new video series BLUE KNOW HOW empowers the young generation by featuring established professionals and volunteer mentors who share their knowledge and experiences in maritime careers. In 15-minute episodes, they answer key questions for newcomers or those interested in sectors like shipping, shipbuilding, ship repair, coastal tourism,

cruise, port management, and marina management. This team effort, supported by HELMEPA's volunteer network, raises awareness of career opportunities in the Blue Economy.

[WATCH VIDEOS ONLINE](#)



HELMEPA  ACADEMY

  
BlueGeneration Project

# blue

## KNOW HOW

### Η ΝΕΑ ΓΕΝΙΑ ΓΝΩΡΙΖΕΙ ΤΑ ΕΠΑΓΓΕΛΜΑΤΑ ΤΗΣ ΘΑΛΑΣΣΑΣ



**ΔΡ ΒΑΣΙΛΙΑ ΑΥΓΟΥΣΤΙΔΗ**  
Head of Science  
HELMEPA  
ESG & Sustainable  
Development  
Expert



**ΑΝΔΡΕΑΣ ΓΙΑΚΟΥΜΕΛΟΣ**  
Γενικός Διευθυντής  
Antipollution  
Μέλος ΔΣ HELMEPA



**ΣΠΥΡΟΣ ΖΟΛΟΤΑΣ**  
Marine South  
EMEA Region  
Senior Director  
RINA Hellas Ltd.



**ΣΤΑΥΡΟΣ ΚΑΤΣΙΚΑΔΗΣ**  
CEO Marines LAMDA  
DEVELOPMENT  
Πρόεδρος  
Ενωσης Μαρηνών  
ΕΛΛαδος



**ΚΑΠΤ. ΓΙΩΡΓΟΣ ΚΟΥΜΠΕΝΑΣ**  
COO Celestyal  
Cruises



**ΕΥΑΓΓΕΛΟΣ ΣΦΑΚΙΟΤΑΚΗΣ**  
COO Diana  
Shipping Services



**ΤΑΣΟΣ ΧΑΛΑΡΧΗΣ**  
CEO XT Diving  
Advanced Diving  
Equipment



# CULTIVATING SUSTAINABLE DEVELOPMENT LITERACY

## ESG ABC TO SDGs

HELMEPA's in-house developed "ABCs to SDGs" lab has been running for the second consecutive year, aiming to foster a culture of sustainable development literacy. Through a combination of 6 in-company workshops and 2 in-house workshops, a total of 90 participants engaged in learning about the 17 UN Sustainable Development Goals (SDGs) and their importance for meeting today's needs without compromising future generations.

These workshops build a shared understanding of sustainability, ensuring that all participants are equipped to engage with the SDGs at some level.

- 52% of participants didn't know the 17 UN goals beforehand
- 93% rated the workshops' usefulness as "very good" to "excellent"
- 78% felt the workshops met their initial expectations
- 88% understood that Sustainable Development is about meeting current needs while preserving the ability of future generations to meet theirs



# HELMEPA TRAINING COMMITTEE 2023-2024

The 2023-2024 Training Program was presented at HELMEPA's annual Training Committee meeting, hosted at the ATHINA Maritime Education and Training Center of member company Minerva Dry.

During the event, Training Committee Honorary Chairman Capt John Drakogiannopoulos and Captain Michalis Fragkias were recognized for their significant contributions to HELMEPA's educational programs.





We extend our sincere thanks to Chairman of HELMEPA's Training Committee, Captain Nikos Polymeris of Danaos Shipping, and the 46 Committee members, representatives from member companies, and collaborating organizations for their guidance and contributions to this exemplary volunteer-led training and skills development program—created by our members, for our members.

**Nikolaos Polymeris**

Training Committee Chairman, Danaos Shipping Co

**Ioannis Drakogiannopoulos**

Executive Board, Costamare Shipping Company S.A.

**Konstantinos Karavasilis**

Executive Board, UK P&I Club

**Maria Karachaliou**

Executive Board, Lloyd's Register

**Nikolaos Kirkilis**

Executive Board, Thenamaris (Ships Management) Inc.

**Panagiotis Koutris**

Executive Board, Roxana Shipping S.A.

**Irene Mariaki**

Executive Board, Environmental Protection Engineering SA

**Lydia Masonou**

Executive Board, Neda Maritime Agency Co. Ltd

**Andreas Minaidis**

Executive Board, Diana Shipping Services S.A.

**Dimitris Bakoulis**

Executive Board, Antipollution





**Pantelis Ouzounoglou**

Executive Board, Starbulk S.A.

**Evangelos Pantelis**

Executive Board, Chandris (Hellas) Inc.

**Vasilis Papageorgiou**

Executive Board, Tsakos Shipping & Trading S.A.

**Thomas Papathanasiou**

Executive Board, Eastern Mediterranean Maritime Limited

**Marina Papaioannou**

Executive Board, DNV Hellas

**Elias Tsakiris**

Executive Board, Hellenic Hull Management (HMA) Limited

**Panagiota Chrysanthi**

Executive Board, Andriaki Shipping Co.Ltd

**Alexandra Kouvadellis**

Member, GARD

**Christos Anthoulakis**

Member, Thenamaris Conbulk Inc

**Christos Georgousopoulos**

Member, Ariston Navigation Corp.

**Vasilios Dimoulas**

Member, Bureau Veritas Hellas MAE

**Anastasios Thiopoulos**

Member, Vships Greece Ltd.

**Konstantinos Kailas**

Member, Euronav Ship Management Hellas

**Venetia Kallipolitou**

Member, Tsakos Shipping & Trading S.A.

**Haris Kanellopoulos**

Member, Sun Enterprises Ltd

**Cap. Panagiotis Karoutsos**

Member, Atlantic Bulk Carriers Management Ltd.

**Yiannos Koudounas**

Member, Thenamaris (Ships Management) Inc.

**Panagiotis Kourkouvelis**

Member, Kyklades Maritime Corporation

**Evdoxia Kydonaki**

Member, Enesel SA

**Konstantinos Kyriakopoulos**

Member, Axis Bulk Carriers Inc

**Stylios Makris**

Member, Aeolos Management S.A.

**Konstantinos Batsis**

Member, Minerva Dry

**Nikolaos Pagonis**

Member, Royal Caribbean

**Katerina Palla**

Member, RINA

**Panagiotis Panagiotakopoulos**

Member, Olympic Shipping & Management

**Sofia Papadopoulou**

Member, Thenamaris LNG Inc

**Aspasia Pastra**

Member, World Maritime University (WMU)

**Pantelis Patsoulis**

Member, Euronav Ship Management Hellas

**Konstantinos Samaritis**

Member, Tindall Riley & Co Limited (Greek Branch) Britannia

**Dimitrios Simakis**

Member, Lloyd's Register

**Apostolos Skempes**

Member, Arcadia Shipmanagement Co Ltd

**Konstantinos Skouteris**

Member, Gaslog LNG Services Ltd

**Andreas Togantzis**

Member, Alpha Bulk  
Ships Management Inc.

**Georgios Tsoukatos**

Member, Diana Shipping Services S.A.

**Michael Fragkias**

Member, HELMEPA Member

**Stefanos Chatzinikolaou**

Member, Piraeus University

# D-MARIN NOMINATED "SAFETY AMBASSADOR"

## NATIONAL DAY CELEBRATION AND SEA RESCUE SEMINAR

On 11 May, as part of the national day celebration for "Prevention of Maritime Accidents & Drownings" and HELMEPA's "Safety at Sea" campaign, we nominated the title of "Safety Ambassador" to our Associate Member D Marinas Hellas. We also co-organized a sea rescue seminar for marina staff and the crew of member company Golden Yachts, in cooperation with ENAK and MEPP at Zea Marina. The seminar featured a practical demonstration of sea rescue and first aid with CARPA.



# SUSTAINABILITY IN SHIPPING POSTGRADUATE COURSE

HELMEPA, in collaboration with the BCA Greek Institute of Maritime Education, launched the first postgraduate course on Sustainability in Shipping. 75 maritime professionals and 8 maritime students participated, learning about sustainability challenges and how to integrate ESG principles into the shipping industry.

You can't improve what you don't measure (Peter Drucker)

Data collection is a crucial part of every ESG Report or ESG Strategy development process

By taking this course, you will get a better understanding of the requirements and principles for a better data collection process

MEET THE INSTRUCTORS

**GIORGOS ILIOPOULOS**  
Managing Director, Alphaora Consulting  
Sustainability / ESG Expert

**SUSTAINABILITY IN SHIPPING**  
POST-GRADUATE DIPLOMA FOR MARITIME PROFESSIONALS

FIND OUT MORE → REGISTER ONLINE



- ✓ GUIDE TO ESG PRINCIPLES
- ✓ HANDS-ON LEARNING
- ✓ REAL-WORLD SCENARIOS
- ✓ CAREER ADVANCEMENT
- ✓ LONG-TERM BUSINESS VALUE



in collaboration with



## **SUSTAINABILITY IN SHIPPING**

POST-GRADUATE DIPLOMA FOR MARITIME PROFESSIONALS





# BRIDGE SIMULATOR



**11% INCREASED**  
PARTICIPATION  
IN SIMULATION SEMINARS

**35% INCREASE**  
OF NEW PARTICIPANTS  
IN SIMULATION SEMINARS  
COMPARED TO 2022



# NAUTIS 3: UPGRADED BRIDGE SIMULATOR FOR REALISTIC TRAINING AND ASSESSMENTS

In 2023, HELMEPA's upgraded NAUTIS 3 bridge simulator provided highly realistic training to over 166 deck officers and 123 cadets and students of Merchant Marine Academies, universities, and private schools. With enhanced graphics and vessel handling capabilities, the simulator covered a wide range of maritime skills, including navigation, planning and executing transits, ship handling and maneuvering, collision and avoidance regulations, narrow water navigation, mooring and tug assistance, and crucial Search and Rescue (SAR) and Man Overboard (MOB) operations.

The upgraded NAUTIS 3 simulator also enables detailed performance assessments, allowing companies to evaluate and prepare their officers for promotions and leadership roles. All participants received HELMEPA Certificates of Attendance, making this a powerful tool for both skill development and career progression.



HELMEPA's NAUTIS Full Mission Bridge Simulator, manufactured by VSTEP, operates since 2016 in the Association's Maritime Training Centre, following kind donation by member-company DNV. In 2022 the bridge simulator was upgraded with kind donations by member-companies Drylog, Gaslog and Hellenic Mutual War Risks Association.

## **HS1 BRIDGE RESOURCE MANAGEMENT** (5 days)

Based on the IMO Model Course 1.22 and approved by the Cyprus Maritime Authority, consists of 19 topics developed in a total of 40 hours (20 hours of presentations and 20 hours of practical training).

## **HS2 ADVANCED SHIP HANDLING & NAVIGATIONAL SAFETY** (3 days)

7 hours of presentations and 14 hours of practical training.

## **HS3 NAVIGATING IN DENSE TRAFFIC - FISHING AREAS - COLREGS & LOSS PREVENTION** (2 days)

6 hours of presentations and 8 hours of practical training.

## **HS4 REAL INCIDENT SIMULATION & ROOT CAUSE ANALYSIS** (2 days)

Present, simulate and analyse real maritime incidents of members and others from official sources such as MAIB, CHIRP, MARS etc.

## **HS5 SHIP-TO-SHIP TRANSFER OPERATIONS** (2 days)



# MARITIME SECTOR





## HELMEPA MEETS USCG LEADERSHIP

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Chairperson Semiramis Paliou and Director General Olga Stavropoulou convened with USCG leadership at the Washington DC headquarters, reinforcing their enduring cooperation. Discussions included the forthcoming annual HELMEPA Delegation visit for our member-companies.



*L-R: Jeffrey Lantz, Director Commercial Regulations & Standards, USCG , Semiramis Paliou, Rear Admiral Wayne Arguin Jr, Assistant Commandant for Prevention Policy, USCG, Olga Stavropoulou, Eirini Pitta*

Earlier, at the 2023 Safety at Sea Seminar & AMVER Awards, hosted by NAMEPA, our sister MEPA organization in North America, Semiramis Paliou delivered a powerful speech highlighting the significance of the life-saving voluntary program AMVER.



*L-R: Rear Admiral Wayne Arguin Jr, Assistant Commandant for Prevention Policy, USCG, Olga Stavropoulou, Joe Hughes, Chairman of NAMEPA Semiramis Paliou, Carleen Lyden Walker, Co-founder and Executive Director of NAMEPA*



# metavasea



People-centred transition for Maritime  
Decarbonization in the East Mediterranean



HELMÉPA



# A COLLECTIVE INITIATIVE FOR MARITIME DECARBONIZATION AND SUSTAINABILITY

The METAVASEA initiative, led by HELMEPA and funded by the Lloyd's Register Foundation (LRF), aims to train and re-skill 1,500 seafarers, port workers, and maritime professionals in the Eastern Mediterranean

The initiative focuses on the decarbonization of shipping, new fuels, developing a safety culture on ships and in ports, adaptation to the digital age, and environmental leadership.

In addition, METAVASEA aims to raise climate change awareness among 2 million people, including over 10,000 students and 750 teachers, across the region.

The project's key partners include Lloyd's Register, the World Maritime University of IMO (WMU), CYMEPA, the Cyprus Maritime and Marine Institute (CMMI), Premium Consulting, and the Mediterranean Information Office for Environment, Culture and Sustainable Development (MIO-ECSDE).



Collaborating partners include the Athina Maritime Learning and Development Center of Minerva Dry Inc, the Hellenic Chamber of Shipping (N.E.E.), the Panhellenic Association of Merchant Marine Captains (PEPEN), the Union of Greek Ports (ELIME), the Port Authorities of Elefsina, Heraklion, and Thessaloniki, INTERMEPA, Nautical Chronicles (GRATIA Publishing), KNOWL Social Enterprise for Lifelong Learning, ORIANI, and WISTA Hellas.

With 61 shipping companies and public and private organizations already committed to the project, METAVASEA is generating significant interest and support in the region.

The initiative evaluates the preparedness of shipping and coastal communities for the transition to new fuels, identifies gaps and opportunities, and raises awareness of maritime safety and environmental protection.

**COP28 Global Environmental Summit in Dubai recognized the METAVASEA project as one of the 50 most important initiatives under the Green Shipping Challenge for the decarbonization of shipping, included at the initiative of the U.S. Department of State**








# VIRP

## VOLUNTARY INCIDENT REPORTING PLATFORM


In 2023, HELMEPA's Voluntary Incident Reporting Platform (VIRP) continued to grow, now featuring over 1,500 anonymous incident and near-miss reports submitted by 40 managing companies. These reports have led to valuable "lessons learned" shared across HELMEPA's community through the wide distribution of four quarterly VIRP Digests. Member companies Thenamaris and Tsakos Shipping and Trading highlighted the importance of efficient pilot-bridge team communication and strategies to address the bank effect.

Launched in 2021 with financial support from the Lloyd's Register Foundation (LRF) and technical support from DYNAMARINE, the VIRP continues to play a crucial role in promoting safety and accident prevention in the maritime industry.



DIGEST Issue 4, Nov. 2023

### SAFETY LESSONS from HELMEPA's Maritime Community



#### Sharing lessons learned

VIRP Digest is a quarterly e-bulletin, sharing "lessons learned" from maritime accidents, incidents, and near-misses uploaded by HELMEPA member-vessels to the Voluntary Incident Reporting Platform (VIRP).

#### Collective impact

1,500+ Reports uploaded to VIRP by 40 member-managing companies that are logged on. Recent upgrade of the VIRP provides users with a wide range of new capabilities and statistical research, enabling smoother user interface and better detection of emerging trends.


#### Being part of safety cause

All managing companies members of HELMEPA are provided, upon request, with an exclusive access code to upload their vessels' incidents and near misses and view all the database reports and emerging trends through a wide variety of filters.

#### Fostering proactiveness and sustainability

Sharing "lessons learned" from the analysis of previous incidents helps avoid the human errors that lead to the repetition of similar incidents and accidents in the future. Active participation of a company in the VIRP reinforces a strong maritime safety culture at all company levels.

### Collisions Averted: The Importance of Bridge Team - Pilot Communication




Article by **Capt Christos Anthoulakis**, Thenamaris Corfu Ltd. Inc., Safety and Quality Manager, HELMEPA's Training Committee Executive Board member.

This article highlights a pivotal safety concern that continues to recur in VIRP and other incident reporting tools/schemes: the challenge of poor communication between Bridge Team - Pilot which poses a serious risk of collisions at sea.



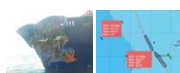
Voluntary Incident Reporting Platform



### LESSONS LEARNED

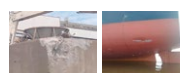
#### INCIDENT 1

During daylight, with good weather but poor visibility, a container vessel, under pilotage while transiting the channel outbound, collided with an inbound transiting bulk carrier, which was also under pilotage. During the Master-Pilot exchange the expected inbound traffic had been discussed. Accordingly, the pilot confirmed that there should be only one inbound vessel, and there is an agreement with the pilot of the other vessel to pass Green to Green due to container's deep draft to keep close to green buoys, where there is greater depth. The Master notified the Pilot that the inbound vessel was not allowing enough space by not keeping to his left side of the channel. The Pilot contacted the other vessel pilot on VHF channel 12 talking in their own language and confirmed that all was in good order and the vessel would pass Green to Green. The Chief Officer notified the Master that the other vessel's intentions were not clear, turning to her starboard. The Master notified the pilot accordingly and asked the forecastle lookout to report if the other vessel was visible and in which position. The lookout responded that the other vessel was not visible yet. Due to the risk of collision, the forecastle lookout was instructed to leave their duties and to proceed to safe area. After having a look at the radar screen, the Pilot realized the risk of collision was high. Therefore, to prevent collision, he instructed hard to port to keep the agreement for passing Green to Green. About 2 minutes later the two vessels collided.



#### INCIDENT 2

A bulk carrier vessel was anchored in a river. The river pilot boarded the bulk carrier vessel in order to shift her upstream. Once the vessel reached the pilot boarding area, the harbor pilot went on board. He was informed about the vessel's condition and characteristics by means of the pilot card, which he signed accordingly. The pilot informed the Master that the vessel would be berthed portside alongside, dropping the starboard anchor, and without tugs assistance. The terminal was located on the right bank of the river; therefore, the vessel's berthing would be performed heading the downstream current. The vessel's headway was stopped, and the main engine was set on 'slow astern' to move her parallel to the berth, but due to the current (between one to two knots), the stern turned to port towards the berth. Due to this fact, the pilot advised 'slow ahead' to stop said turn. About 2 minutes later, the pilot advised 'half ahead', then 'full ahead' and rudder hard to starboard, in order to reduce the speed and keep the stern away from the berth. In spite of this, the vessel continued drifting towards the berth. About a minute later, the vessel's port quarter contacted the upriver mooring dolphin. Consequently, the vessel and the dolphin sustained damages.



stay safe at sea

# NEWSMEMOS

## KEEPING MEMBERS INFORMED ON MARITIME AND ENVIRONMENTAL DEVELOPMENTS

HELMEPA shared the latest maritime and environmental developments of interest to its members through 6 issues of Newsmemos, a concise and quick-read e-bulletin designed to support members' daily operations and strategic decisions.



### news memos

real-time relevant info matters



VOLUNTARY ACTION SINCE 1982 WE CAN SAVE THE SEAS

### Quick Survey on Maritime Decarbonization - Your Opinion Matters!

Take just 10 minutes to share your insights on industry and community readiness for new fuels, skills, and competencies. Choose your role - [Seafarer](#) or [Shipping company executive/staff](#) or [Port admin executive/staff](#) or [Service providers/suppliers](#) or [Citizen/civil society](#) (Greek - English) and participate in HELMEPA's [METAVASEA project](#) survey on people-centered maritime decarbonization.

### New Study: Onboard Carbon Capture Shows 30% Emission Reduction Potential

A recent feasibility study by DNV and TMS Tankers (HELMEPA members) reveals that retrofitting Onboard Carbon Capture and Storage (OCCS) on a Suezmax tanker could cut CO2 emissions by up to 30%. While promising, the study also identifies significant challenges, including high costs and space limitations, as well as adequate port reception facilities for delivery of liquified CO2 that need addressing before OCCS can be widely implemented. Explore the full findings [here](#).

# MARITIME SUSTAINABILITY SUMMER CAMP

## A COMPREHENSIVE 3-DAY EXPERIENCE FOR THE NEXT GENERATION

In early September, the Maritime Sustainability Summer Camp was organized for the second year by Isalos.net and HELMEPA on the historically significant maritime islands of Oinousses and Chios. This immersive three-day camp offered a rich program filled with experiential activities, learning opportunities, and networking for young people engaged in the maritime world.

The summer camp brought together 36 participants from across Greece, featuring over 20 speakers and 19 thematic sessions dedicated to Sustainable Development, transitioning to "green" shipping, managing the human factor, marine protection, and developing essential soft skills within Blue Economy sectors. This truly full camp experience fostered collaboration and knowledge sharing among the next generation and maritime professionals.





# NAFTEMPORIKI & HELMEPA LEAD IMPORTANT TALK ABOUT ESG IN SHIPPING



At the 7th Naftemporiki Shipping Conference, HELMEPA and Naftemporiki co-hosted an ESG panel on sustainable shipping and community progress. Ms. Maria Hajioannou represented HELMEPA, sharing valuable perspectives on aligning industry practices with sustainability goals.

Acting as the Youth Angel of HELMEPA's "Sea is Life" Panhellenic Visual Art Competition, Naftemporiki hosted a school students' art exhibition at the central entrance, providing 650+ participants with a first-hand encounter with thought-provoking artworks. Winners' artworks are now printed on HELMEPA's new reusable thermos to combat single-use plastic.

HELMEPA extends heartfelt gratitude to Naftemporiki for championing the cause of collective action and ESG, effectively translating talk into transformative walk.



# HELMEPA AT THE HELM OF INTERMEPA



INTERMEPA, the International Marine Environment Protection Association, representing national MEPAs worldwide, has reached a momentous milestone by electing Semiramis Paliou as its first woman Chairperson of the worldwide organization for Oceans Sustainable Development.

This significant step builds on the outstanding leadership of Joe Hughes, who served as INTERMEPA's Chairperson over the past years, marking a groundbreaking revival and progress for the organization. George Tsavlis (CYMEPA Chairperson) was elected Vice-Chairperson of INTERMEPA.



L-R: Olga Stavropoulou  
HELMEPA Director General,  
George Tsavlis, CYMEPA  
Chairperson & Vice Chairperson  
of INTERMEPA, Dr. Michael  
Ierides, CYMEPA Secretary  
General, Semiramis Paliou,  
HELMEPA & INTERMEPA  
Chairperson, Joe Hughes,  
NAMEPA Chairman, Sadan  
Kaptanoglu TURMEPA  
Chairperson, Rochelle P. Reyes  
PHILMEPA Vice President,  
Carleen Lyden Walker Co-  
founder and Executive Director  
of NAMEPA, Constantinos  
Triantafyllou HELMEPA Head  
of Strategy & Development





An aerial view of five small, colorful toy boats floating on a blue gradient background that resembles water. The boats are arranged in a loose, diagonal line from the top left towards the bottom right. From left to right, the boats are light blue, red, purple, yellow, and dark blue. Each boat has a small, circular, multi-colored object in its center, possibly a life preserver or a small figure. The background transitions from a lighter blue at the top to a darker blue at the bottom, with some subtle ripples and reflections on the surface.

**ENVIRONMENTAL  
SECTOR**

**I AM**  
HELMEPA  
**INSPIRED**  
TO SAVE THE SEAS



# COASTAL AND UNDERWATER CLEAN UPS THROUGHOUT GREECE

## NON-STOP EFFORTS FOR A CLEANER FUTURE

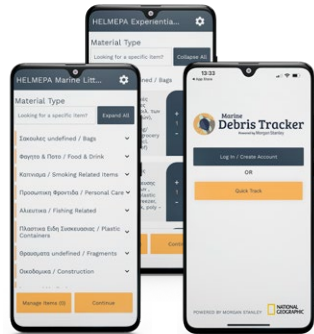
As the national coordinator of the International Coastal Clean up for 33 years, and the “Let’s Clean Up Europe” Campaign for 10 years, HELMEPA has made significant strides in marine conservation. In 2023, we coordinated over 206 underwater and coastal clean ups with the help of 10,069 volunteers, resulting in the cleaning of 50 kilometers of coastline and the removal of 20 tons of waste from our beaches and seas.



# HELMEPA'S NEW MARINE LITTER PROGRAMS ADVANCING SUSTAINABILITY AND COMMUNITY ENGAGEMENT

HELMEPA has upgraded its marine litter initiatives to enhance sustainability efforts among our members and the broader community. The updated info pack includes, among other resources, a comprehensive handbook, informative cards, and engaging videos, all aimed at supporting the effective implementation of best practices for reducing marine litter. These resources make it easy for our members and volunteers throughout Greece to carry out their own clean up initiatives, with HELMEPA providing support throughout the process.

As part of these initiatives, our members can earn badges that showcase their commitment to combating marine litter, which can be integrated into their ESG reports.



## Experiential Marine Clean up HANDBOOK



### YOUR MLM INFO PACK

**MARINE LITTER MONITORING**

- ☐ **DIGITAL HANDBOOK**  
DESCRIBES THE PROCESS OF THE CLEAN UP ACTIVITY
- ☐ **EMC VIDEO**  
HOW TO CONDUCT THE ACTIVITY
- ☐ **APP LINK**  
DOWNLOAD THE MARINE DEBRIS TRACKER
- ☐ **APP VIDEO GUIDE**  
GETTING STARTED WITH THE MARINE DEBRIS TRACKER
- ☐ **APP PDF GUIDE**  
GETTING STARTED WITH THE MARINE DEBRIS TRACKER
- ☐ **MARINE LITTER PPT**  
TO USE INTERNALLY TO RECRUIT VOLUNTEERS
- ☐ **PLEDGE & REGISTRATION FORM**
- ☐ **SPEECH INTRODUCTION**  
TO USE ON THE DAY
- ☐ **PARENTAL CONSENT FORM**  
FOR UNDERAGE INDIVIDUALS & SCHOOLS
- ☐ **LOGGING SHEETS**  
TO RECORD COLLECTED ITEMS
- ☐ **LOGOS**  
SELECT HELMEPA LOGO AND ANY OTHER THAT APPLIES TO YOUR ACTIVITY
- ☐ **PACKING LISTS (x2)**  
FOR (1) COORDINATORS & (2) VOLUNTEERS TO HAVE THE NECESSARY CLEAN UP ITEMS
- ☐ **CONTACT LIST**  
USEFUL CONTACTS TO BRING ALONG
- ☐ **FIRST-AID KIT ESSENTIALS**  
GUIDE TO NECESSARY ITEMS FOR EFFECTIVE EMERGENCY PREPAREDNESS
- ☐ **RECYCLING CARD**  
KNOW WHAT BELONGS WHERE - YOUR GUIDE TO PROPER WASTE SORTING

**VOLUNTARY ACTION SINCE 1982**

**WE CAN SAVE THE SEAS**

**HELMEPA**

### WHAT IS AN EXPERIENTIAL MARINE CLEAN UP AND WHY WE DO IT?

A marine clean up is a meaningful team activity and an organised effort to remove litter from our shores and surrounding areas. Individuals, groups and business organisations all come together to collect, record and properly dispose of the litter from the coast following simple instructions. Such efforts are based on the principles of citizen science: equipped with the necessary recording list and following an international protocol citizens take initiative and remove the litter found on the shores and waterways.

Marine litter and plastic pollution come mainly from land-based sources becoming pollutants without borders as they get carried away by currents and wind. Each year millions of tons of litter enter the ocean harming marine life, the ecosystem and human health.

Most of it is plastic; 8 - 12 million tons of plastic waste find their way into the ocean annually which is equivalent to the weight of about 33,000 blue whales or 571,000 school buses.

Our coasts and seas have received much of this pollution as it washes out and drifts over. The use of plastic skyrocketed in the 1970s when we, consumers, stopped buying in bulk or using reusable containers.

Plastic is a cheap and convenient material; however, virtually every piece of plastic that was ever made still exists in some shape or form. Our dependence on single-use plastic has negatively impacted our planet.

If we are to protect the marine environment for future generations, we need increased awareness, collective action and responsible waste management.

A marine clean up is an effective way to address the problem on Greek coasts.

### STEP 1 PLANNING AND PREPARATION

Since you are reading through this handbook you have already chosen a type of marine clean up and have already received your information pack.

With a bit of preparation, the clean up activity can be fun, effective and rewarding for participants and organisers.

The first decision you need to make is to choose an appropriate site.

#### HOW TO CHOOSE A GREAT SITE

Sites may be in the vicinity of ports or harbours river mouths coastal urban areas tourist destination or even in relatively remote locations provided there is easy access all year round. Avoid sites with many local businesses as these get cleaned up regularly.

TABLE 1 shows the characteristics of an ideal survey site. Matching as many of these criteria as you can, would be ideal but note that this is not always possible especially for the Greek coastline.

GREAT SURVEY SITE
Sandy beach
Flat
Spacious (at least 100m long by 10m wide)
Safe and easy access year-round
Away from popular venues and archaeological sites
Not recently cleaned by a nearby business or clean up scheme

Steep Rocky Bay
Steep slope
Cramped
Isolated or hard to get to
A busy tourist spot near a historic monument
Freshly cleaned up





## UNDERWATER CLEAN UP ACTION AT THESSALONIKI PORT (SEPTEMBER 2023)

Over 250 students from local schools learned about blue economy professions while observing the underwater clean up at Thessaloniki Port. This action was conducted in collaboration with Antipollution, HEC, MEPP, and the Municipality of Thessaloniki.

## MEGA JOINT CLEAN UP (NOVEMBER 2023)

HELMEPA organized the largest coastal clean up action to date on the beach and seabed in front of the Peace and Friendship Stadium, with over 450 individuals participating from 31 member companies and partner organizations, including WISTA. Antipollution provided technical support for the event.

## CLEAN UP ACTION AT ELEFSINA PORT

HELMEPA, in collaboration with the U.S. Embassy in Greece and the Elefsina Port Authority, organized a joint clean up as part of the European Capital of Culture 2023. The event involved 80 sailors and marines from the USNS TRENTON. Following the clean up, participants enjoyed an enlightening tour of the Ancient Site of Elefsina.







# MARINE LITTER MONITORING (3-YEAR BEACH ADOPTION COMMITMENT)

The three-year beach adoption commitment involves a combination of coastal clean ups and seasonal research to document marine litter, conducted at least twice and ideally four times a year. This program provides companies with an opportunity to enhance their ESG-CSR initiatives by demonstrating their commitment to environmental protection and sustainable development while creating a positive and measurable impact on society and the environment.





# CLEAN, ACCESIBLE, INCLUSIVE HELMEPA ADOPTS BEACH FOR DISABLED KIDS

HELMEPA and the Rehabilitation Center for Children in Voula (formerly PIKPA) have teamed up to create a welcoming beach environment for kids with disabilities. Restoration, beach and underwater clean ups, equipment installation, waste collection and management, and upcycling – breathing new life into dead seagrass and transforming it into sunglasses, rackets, etc.

Heartfelt thanks to our dedicated Board of Directors and their companies for their unwavering support to revamp the beach, now buzzing with children and adults with disabilities, spreading happiness each day. Special thanks to G. Kallianis (Special Secretary) for on-site coordination and A. Giakoumelos (Board Member) and Antipollution for the waste management coordination / works.

WATCH VIDEO with BEFORE-AND-AFTER SCENES showcasing the beach transformation following our Chairperson’s Semiramis Paliou intro message. This project is a cornerstone of HELMEPA’s new Marine Litter Monitoring program, available now to our members who wish to step-up and engage in a highly impactful action, yet simple to implement by their team of volunteers (employees, suppliers, customers & families).

[WATCH VIDEO ONLINE](#) 





## PARTNERSHIPS

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### PLANET 2024

A new collaboration within the framework of the international Planet 2024 campaign, organized by the Free Spirit Foundation as part of the United Nations Decade for Ecosystem Restoration. HELMEPA has joined the campaign and will include its 2024 coastal clean up activities under the Planet 2024 umbrella.



### SEA DAYS

HELMEPA once again participated in the Sea Days organized by the Municipality of Piraeus. On June 28, 2023, we took part in Blue Park with our van, offering presentations on the marine environment and youth mentoring workshops, which were attended by a total of 400 students.



### ILBI (INTERNATIONAL LEGALLY BINDING INSTRUMENT TO END PLASTIC POLLUTION)

Following an invitation from Ocean Conservancy, HELMEPA has added its signature to Ocean Conservancy's vision for a strong international agreement to end plastic pollution.

### EUROPEAN OCEAN COALITION, EU4OCEAN

HELMEPA has joined EU4Ocean, an initiative supported by the European Commission, to facilitate connections among organizations, programs, and individuals with the aim of enhancing ocean literacy and promoting sustainable ocean management.



HELMΕΡΑ  
JUNIOR





## 2022-2023 SCHOOL YEAR

215 teachers and 3,715 children evaluated the program.

**99% of teachers** rated the program as "Excellent" or "Very Good," while **90% of the children** gave the same rating.

"Students who participate in the program learn and enjoy revealing learning, not through 'teaching' or lecturing, but through action. They are free from the stress of evaluation and learning; a collaborative atmosphere prevails among students and teachers." (Teacher's Comment)

"Suitable for all educational levels, depending on how it is implemented. Engaging, contemporary, and aligned with the new curricula and their requirements." (Teacher's Comment)

"The excellent structure of the program allows us to raise awareness among children, about the environment in general and clean seas in particular." (Teacher's Comment)

**8,004 STUDENTS**

**654 TEACHERS**

**232 KINDERGARTENS & ELEMENTARY SCHOOLS**

**5,200 ENVIRONMENT-RELATED ACTIVITIES**

## ENGAGING YOUNG MINDS

### HELMEPA VISITS BORDER SCHOOLS

Mr. George Kallianis, Special Secretary of the HELMEPA Board of Directors, visited kindergartens and primary schools in Florina and Armenochori. During his visit, he engaged with children (members of HELMEPA Junior) and teachers, discussing the dangers threatening the marine environment and how they can protect it.

On-site face-to-face discussions with children and teachers remain a commitment and priority for HELMEPA, as they encourage interaction and enhance the understanding, awareness, and motivation of young volunteers, guided by their teachers from the very early school years.



## CHILDREN'S ACT TO COMBAT CLIMATE CHANGE, AVAILABLE IN POSTERS

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4,044 children—members of HELMEPA Junior—representing 150 schools across Greece, took part in HELMEPA's Panhellenic Drawing Competition, themed 'Climate Change: There are solutions!'

The winning artworks, available in posters, decorate school classrooms. This competition is more than just a contest; it's a dynamic learning opportunity that empowers and encourages volunteerism. It provides children with an insightful lens into environmental challenges while fostering essential soft skills like creativity, critical thinking, solution-finding, adaptability, and empathy.

"Participation in the drawing competition was highly significant for the children, as it allowed them to express themselves in various ways, let their imagination run free, and develop skills. They became creative, collaborative, and responsible, with psychological and emotional integrity. Their ability to collaborate, concentrate, self-esteem, self-confidence, and self-control improved. They shared a common purpose and goal." (Teacher's Comment)

"Through their participation, the children learned, had fun, created, and all these communicated to their parents." (Teacher's Comment)

"By participating in the competition, students developed their critical and creative thinking, experienced the joy of collaboration, and expanded their knowledge of the consequences of climate change and effective ways to address it." (Teacher's Comment)

The winning artworks come from the following schools:

### **CATEGORY 1: KINDERGARTENS & SPECIAL EDUCATION UNITS**

1st Prize: 22nd Kindergarten of Rhodes

2nd Prize: Special Elementary School of Kozani

3rd Prize: "Efhoupolis" Rhodes

### **CATEGORY 2: ELEMENTARY SCHOOLS OF GRADES A, B, C**

1st Prize: "Mavrommatis" Educational Institution, Grade A

2nd Prize: 4th Elementary School of Naxos, Grade B

3rd Prize: Elementary School of Nea Chili, Alexandroupolis, Grade C

### **CATEGORY 3: ELEMENTARY SCHOOLS OF GRADES D, E, F**

1st Prize: 3rd Elementary School of Alexandroupolis, Grade D

2nd Prize: Elementary School of Petraias, Grade D

3rd Prize: "Syngroni Paideia" Educational Institution, Mykonos, Grade F





2023 ΔΙΑΓΩΝΙΣΜΟΣ  
ΖΩΓΡΑΦΙΚΗΣ



### ΚΑΤΗΓΟΡΙΑ

Νηπιαγωγεία και Σχολικές Μονάδες Ειδικής Αγωγής



2

Ειδικό Δημοτικό Σχολείο  
Κοζάνης



1

22<sup>ο</sup> Νηπιαγωγείο Ρόδου



3

Ευκλούπη, Ρόδος



2023 ΔΙΑΓΩΝΙΣΜΟΣ  
ΖΩΓΡΑΦΙΚΗΣ



### ΚΑΤΗΓΟΡΙΑ

Δ', Ε', Στ' Τάξεις



2

Δημοτικό Σχολείο Πετραίας, Δ' Τάξη



1

3<sup>ο</sup> Δημοτικό Σχολείο  
Αλεξανδρούπολης, Δ' Τάξη



3

Εκπαιδευτήρια Σύγχρονη  
Παιδεία Μυκόνου, Στ' Τάξη



2023 ΔΙΑΓΩΝΙΣΜΟΣ  
ΖΩΓΡΑΦΙΚΗΣ



### ΚΑΤΗΓΟΡΙΑ

Α', Β', Γ' Τάξεις



2

4<sup>ο</sup> Δημοτικό Σχολείο  
Νόξου, Β' Τάξη



1

Εκπαιδευτήρια Μαυρομάτη,  
Α' Τάξη



3

Δημοτικό Σχολείο Νέας Χηλής  
Αλεξανδρούπολης, Γ' Τάξη



2023 ΔΙΑΓΩΝΙΣΜΟΣ  
ΖΩΓΡΑΦΙΚΗΣ



### ΑΦΙΣΣΕΣ ΒΡΑΒΕΙΑ



# DIVE INTO KNOWLEDGE FROM GLAROPOULA

HELMEPA has released the second episode of the digital educational series 'Dive into Knowledge'. In this episode, Lili the sea turtle and her friends tackle various problems caused by plastics, ending up in the oceans.

Two issues of the specially designed children's newspaper "Ta Glaropoula" were also published, aiming to foster a love for the sea. Through engaging activities, children learned about the 17 Global Sustainable Development Goals, sea turtles, and the broader impact of plastic pollution on marine life. They enjoyed playing hangman, solving quizzes, and challenging their friends with knowledge games."



WATCH VIDEO  
ONLINE





## 29th ANNUAL BOARD OF REPRESENTATIVES MEETING OF HELMEPA JUNIOR

"For the sea I love, I send you  
an important message: Stop  
plastic pollution here and now,  
for a bright and shining planet!"

This joint resolution on plastic pollution was crafted through design thinking techniques by 13 children-members of the HELMEPA Junior Program, representing 11,653 students from kindergartens and elementary schools from the 13 geographical regions of Greece.

Alongside the meeting of the young volunteers, teachers, representatives from Primary Education Directorates, and parents/guardians enhanced their toolkit through HELMEPA's Sustainable Development and Blue Economy Workshops.

The event was held with the generous support of HELMEPA member company, Costamare Shipping Company S.A.

Athanasios Beis,  
CEO of Costamare Shipping Company S.A.





# SEAGULL TRAVELING TO SCHOOL YARDS WITH HELMEPA'S ELECTRIC VAN

With our electric van, we traveled to Thessaloniki, making 10 stops at schools participating in the HELMEPA Junior program. Along the way, we distributed materials to 400 children and 35 teachers, engaging in discussions about the marine environment.

Stops in Polichni, Stavroupoli, Agios Antonios in Thermi, Aiginio, Kolindros, and Skotina in Pieria, as well as Pelasgia, Larymna in Fthiotida, Livadia, and Vagia in Viotia, provided us with the opportunity to be inspired by the children's enthusiasm!

We would also like to acknowledge the support of KOSMOCAR, our member, for providing the electric van, making this outreach possible.

KOSMOCAR



# SYMI JOURNEY WITH AXION HELLAS

HELMEPA Junior teamed up with Axion Hellas, a nonprofit organization dedicated to providing vital medical care and infrastructure in a joint effort to raise awareness about marine protection among children. Dimitris Kazas, HELMEPA's New Generation Manager, conducted an engaging interactive presentation on ocean significance and conservation to Symi's Primary Schoolchildren. The day concluded with a beach clean up.





# NEMO AT ZEA MARINA

As part of HELMEPA's collaboration with member D-Marin, primary school students had the opportunity to visit Marina Zeas and participate in activities focused on ocean protection.

In June, students from the 25th Primary School of Nikea were educated about the marine environment and took part in a marina clean up. They also had the chance to name the marina's waste collection robot, which is now proudly called "Nemo."

In December, students from the Interactive European School were introduced to "Nemo," learned about plastic pollution, and created a marine world featuring messages about its protection.



# SEAGULL WINS 1st PRIZE AT THE AGIOS DIMITRIOS CARNIVAL

Students from the 17th Primary School of Agios Dimitrios, dressed as fish, divers, and jellyfish with the theme "Save the Ocean," participated in their local carnival. Carrying signs with the Seagull's message, they won 1st prize for their creative idea!





# NEW GENERATION





# YOUTH AMBASSADORS KICKSTART CLEAN UP SEASON

High school and middle school students collected 462 kg of litter from the Peace and Friendship Stadium beach, as part of the Team Seas international collaborative fundraiser. Following the recording of collected debris, Antipollution (HELMEPA member) processed for recycling the various waste streams. Moreover, Youth Ambassadors had the opportunity to witness volunteer divers (MEPP) conducting an underwater clean up, removing chairs, umbrellas, car tires, and plastic objects that don't belong to the seafloor.

Youth Ambassadors are leaders who conceptualize, design, and execute volunteer projects with our support. For the Youth, With the Youth.



HELMEPA  
YOUTH  
AMBASSADORS





## 1st NATIONAL VISUAL ARTS COMPETITION SEA IS LIFE!

HELMEPA held its 1st National Visual Arts Competition, "Sea is Life!" with winning works decorated with HELMEPA's reusable thermos. Congratulations to the winners and all participants!

We are proud to have made their first group exhibition a reality during the Naftemporiki event, showcasing their creativity and commitment to marine conservation.

**Melina Aslanoglou**  
(Athens College)

**Emmanouela Patsi**  
(Athens College)

**Alexia Theodorou**  
(Athens College)

**Amaryllis Tsohantari**  
(Athens College)

WINNERS



## YOUTH AMBASSADORS AT SPETSES MINI MARATHON

16 Youth Ambassadors ran for the seas with HELMEPA's team at the Spetses Mini Marathon, joined by Mr. Michalis Dalakouras, HELMEPA Board Member, and Ms. Olga Stavropoulou, HELMEPA Director General, along with other adult volunteers. It was a highly engaged team effort, and special thanks go to the organizers of the Spetses Mini Marathon for supporting our cause.





# DAY WITHOUT LESSONS

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In the context of the "Day without Lessons", 150 students of the Moraitis School were informed about climate change, the 17 Global Goals of Sustainable Development and the need to protect the marine environment from litter. They were then taken to the field, where they carried out a voluntary clean up of the beach in Schinias Marathon.



# CAMPION AT THE INTERNATIONAL COASTAL CLEAN UP

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Over 60 high school students of Campion were informed about HELMEPA's mission to save the seas and organized action teams that participated in 2 voluntary beach clean ups in the framework of the International Voluntary Coastal Clean up.





# EMPOWERING THE NEXT GENERATION FOR MARITIME PROFESSIONS



The Blue Horizons initiative, held from March 17-19, 2023, brought together over 250 young people (ages 15-25) to explore maritime career opportunities. Organized by HELMEPA, the Yacht Club of Greece, and the Propeller Club (Port of Piraeus), the initiative connected youth with the shipping industry and the growing blue economy.

Key industry leaders like George Prokopiou (President, Yacht Club of Greece), Semiramis Paliou (President, HELMEPA), and Costis Frangoulis (President, Propeller Club) shared insights on maritime careers, women's inclusion, and the need for updated education. Workshops and mentoring sessions focused on marine transportation, blue careers, and sustainable development.

HELMEPA's unique methodology empowers the youth to take an active role by posing direct questions to industry leaders, fostering real-time dialogue and on-the-spot mentoring. This approach allowed participants to engage meaningfully, gaining immediate insights and advice from experts, ensuring their voices were heard and their curiosity met with guidance tailored to their needs.









# SHAPING FUTURES: HELMEPA GRANTS 7 NEW SCHOLARSHIPS TO YOUNG SCIENTISTS

Seven new scholarships were granted to young scientists for postgraduate studies in Shipping, Environment, Sustainable Development and Education, for the Academic Year 2023-2024, with a total value of €75,000, honoring the memory of the late George Livanos, Capt. Vassilis Constantakopoulos, George Dalacouras, Vassos Hajioannou, Stavros Daifas, and

Nikolaos Apostolopoulos, symbolizing a continuation of their legacy through the pursuit of knowledge.

Since 1998, 56 scholarships have been awarded, shaping the future across the Shipping and Environment fields thanks to our Donors and member-companies.



ANNUAL SCHOLARSHIPS' PROGRAMME

SINCE 1998

WE STAND  
BY **YOUNG**  
SCIENTISTS



A scholarship of €15,000, in memory of George P. Livanos, was awarded to **Vasiliki Sifnaiou** for postgraduate studies in "Maritime Science and Maritime Technology Management" at the University of Piraeus and the Hellenic Naval Academy.



*Semiramis Paliou (right), HELMEPA Chairperson presents the scholarship to Vasiliki Sifnaiou*



*George Karageorgiou  
HELMEPA Vice Chairperson  
presents the scholarship to  
Harikleia-Foteini Pantagaki*



*Capt. Giannis Drakogiannopoulos  
of Costamare Shipping presents  
the scholarship to Iakinthe  
Kontou*

A scholarship of €15,000, in memory of Captain Vasilis K. Konstantakopoulos, was divided into two equal parts of €7,500 each and awarded to:  
**Harikleia-Foteini Pantagaki** for postgraduate studies in "Environmental Biology" at the University of Crete.  
**Iakinthe Kontou** for postgraduate studies in "Oceanography and Marine Environmental Management" at the National and Kapodistrian University of Athens.

A scholarship of €10,000, in memory of Georgios D. Dalacouras and generously sponsored by his family, was awarded to **Maria-Elena Arfani** for postgraduate studies in "Environmental Engineering" at the Technical University of Denmark.



*Michalis G. Dalakouras HELMEPA BoD Member  
presents the scholarship to Maria-Elena Arfani*

A scholarship of €10,000, in memory of Vassos Hajioannou and generously sponsored by his family, was awarded to **Christos Pavlidis** for postgraduate studies in "Sustainable Environmental Design" at the Architectural Association (AA) in the United Kingdom.



*Maria Hajioannou HELMEPA BoD Member presents the scholarship to Christos Pavlidis*

A scholarship of €15,000, in memory of Stavros Daifas and generously sponsored by his daughter, Ms. Irini S. Daifas, was awarded to **Panagiotis Antoniadis** for postgraduate studies in "Specialized Advanced Master in Maritime Project Management - Ship Maintenance" at École Nationale Supérieure de Techniques Avancées Bretagne, France.



*Irene St. Daifa HELMEPA General Secretary presents the scholarship to Panagiotis Antoniadis*

A scholarship of €10,000, in memory of Nikolaos S. Apostolopoulos and generously sponsored by his family, was awarded to **Christina Parga** for postgraduate studies in "Maritime Law" at Southampton University, United Kingdom.



*Electra Apostolopoulou presents the scholarship to Christina Parga*





## HELMEPA'S GROWING ROLE IN EUROPEAN CO-FUNDED PROGRAMS

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Following the revision of its constitution to facilitate participation in EU programs, HELMEPA has already achieved significant milestones. Our consistent participation enhances our European outlook, enabling us to bring valuable data, content, policies, and research to our community—all at no cost.

At the Secretariat, we are becoming more sophisticated, staying informed on the latest trends through synergies with universities, academia, policymakers, NGOs, and other organizations abroad. Our commitment to cross-border cooperation and extroversion has been instrumental in fostering these relationships.

We have gained the trust of our European partners, demonstrating our reliability and quality through participation in high-standard projects. This trust reinforces our mission to promote sustainable development within our community.



## ONE SUCCESSFUL CONCLUSION, TWO NEW LAUNCHES, AND ONE UPCOMING PROJECT

The **BLUEGENERATION PROJECT**, funded by EEA Grants, was successfully completed in 2023, reaching over 17 million young people across Europe and earning several awards. Building on this success, HELMEPA has launched two new Erasmus+ programs:

### **SHE4SEA**

Aiming to enhance women's employability in shipping, maritime tourism, and fisheries/aquaculture in Greece, Cyprus, Spain, and Bulgaria, with a duration of 27 months.

### **EXCEED**

Focused on creating Centers of Vocational Excellence (COVE) in Advanced Manufacturing across Spain, Italy, Greece, the Czech Republic, and Finland, with a duration of 4 years.

Additionally, we are excited to announce the approval of a new project:

### **eSgEA**

This initiative promotes ESG in the shipping industry in Greece, Norway, Germany, Spain, and Cyprus, with a duration of 28 months.



## BlueGeneration project | Our achievements so far

**17 million+**

youth reached through social media

**45.000+**

youth informed about the careers in Blue Economy

**14.000+**

youth engaged in active job search

**3.500+**

youth enrolled in training and mobility schemes

In cooperation with **1.300+** organizations



she4sea

Co-funded by  
the European Union

Building a diverse workforce  
within the maritime sector  
is key for a sustainable future

women in  
blue economy



Project id n. 101103802  
CUP I31B2300912004



EXCEED

Excellence in  
green and digital  
manufacturing



Co-funded by  
the European Union

www.exceed-cove.eu



# OCEAN AND CLIMATE LITERACY IN NAUTICAL HIGH SCHOOLS

From April 2022 to August 2023, 120 Greek and Italian students from two Nautical High Schools participated in the "RIDE THE WAVE" project, aimed at developing ocean and climate awareness. This educational program, implemented by HELMEPA in partnership with the Italian environmental organization Marevivo Onlus, included a series of seminars on ocean and climate topics.

At the end of the program, students presented their projects, which were successfully integrated into the European Blue Schools Network. The Italian Institute created the mural "Art for the Sea," combining science, artistic expression, and environmental education to promote sustainable practices.



The project also featured a collaborative effort by EPAL Konistron, where students conducted in-depth interviews with executives from Environmental Protection Engineering (EPE SA).

An Educational Guide was developed, providing guidelines for implementing similar projects and involving stakeholders such as teachers, marine professionals, and environmental associations in ocean and climate education.

The program included a series of three webinars with expert scientists from Greece, Italy, and other European countries, fostering the exchange of knowledge and practices in environmental education. This initiative formed a network of organizations (Local Sea Network, LSN) related to the Blue Economy.

The "RIDE THE WAVE" project was funded by the Erasmus+ 2021-2027-KA210-SCH-000049369 program and was awarded as a "Best Practice," highlighted on the Erasmus+ Results Platform.

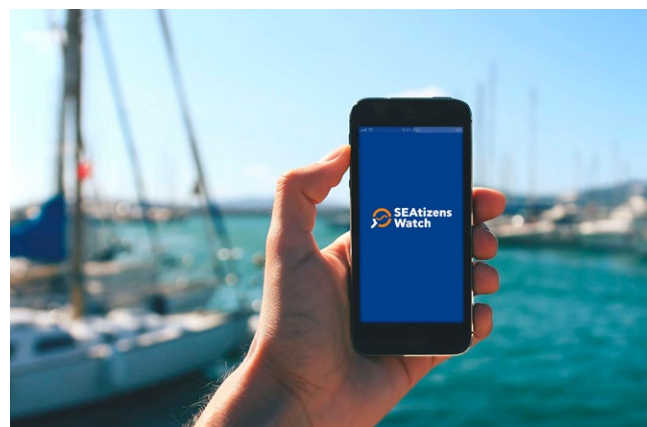


# EDUCATING THE GUARDIANS OF THE SEA

The "Sea Guardians" program (October 2021 - June 2023) aimed to educate professionals whose work impacts the marine environment, with a focus on Marine Protected Areas. Coordinated by HELMEPA, with partners AENAOS THALASSA, Natural Environment & Climate Change Agency (OFYPEKA), and scientific support from the Aristotle University of Thessaloniki, the program highlighted challenges facing marine ecosystems and proposed solutions.

Over 700 participants, including Coast Guard officers, fisheries service staff, researchers, NGO members, fishermen, and citizens, engaged in structured dialogues and workshops. Educational materials were shared online.

The program was funded by the Green Fund under Priority Axis 3, "Innovative Actions with Citizens," as part of the "Natural Environment and Innovative Actions 2021" initiative.



Key activities included:

- 3 webinars on the role and importance of marine environment.
- 3 online workshops (e-labs) exploring systemic and individual practices affecting marine ecosystems, using participatory dialogue.
- An experiential weekend in Kavala with workshops for fishermen, coastal clean ups, and a two-day conference in Alonissos.
- Launch of the Seatizens Watch mobile app for citizen science, gathering data on endangered species and pollution hotspots.





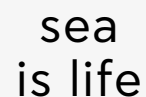


COMMUNITY  
OUTREACH



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A book presentation was held at Public in Syntagma square, bringing together prominent maritime figures and the dedicated team behind the 40th Anniversary Album's creation, Editors, Writers, Photographers, Art Designers, and more.



## 40 YEARS HELMEPA



# HELMEPA 'RINGS THE BELL' FOR SUSTAINABLE DEVELOPMENT AT THE ATHENS STOCK EXCHANGE



HELMEPA "rang the bell" on sustainable development at the Athens Stock Exchange during the opening of the Meeting on Friday 17 February 2023, in the presence of HELMEPA's Board of Directors and members of the press.

# IMPACTFUL WORK ON SAFETY AT SEA

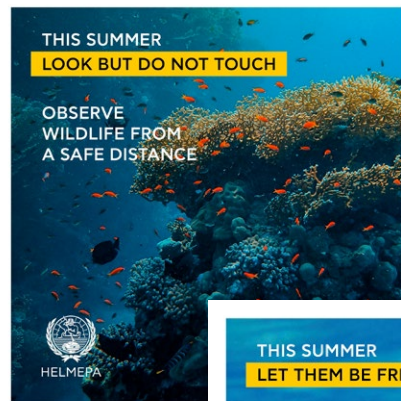
Achievements have been realized through our program "Enhancing the Understanding of New and Enduring Challenges in Maritime Safety Culture in the East Mediterranean," coordinated by HELMEPA in partnership with Lloyd's Register, CYMEPA, and DYNAMARINE, with the generous support of the Lloyd's Register Foundation. HELMEPA is referenced in the Lloyd's Register Foundation Report.





## SUMMER AWARENESS CAMPAIGN ON SOCIAL MEDIA

HELMEPA launched a summer awareness campaign across social media platforms to educate and engage the public on important environmental issues. This campaign focused on marine conservation, safe practices at sea, and sustainable development, reaching a wide audience through engaging content and interactive posts. The initiative aimed to inspire action and promote responsible behavior among followers during the summer season.



## INTRODUCING THE LOVE EARTH REUSABLE SHOULDER BAG

The Love Earth reusable shoulder bag, made from 100% cotton, is designed for frequent use and symbolizes a shared commitment to protecting our planet. This eco-friendly initiative, a collaboration between Public and HELMEPA, encourages sustainable living and promotes environmental awareness.



# PANHELLENIC VISUAL ARTS COMPETITION ON TV

Evi Gerasimou, HELMEPA's Communications Officer, spoke on the "perimetros" tv show on ert3official tv channel about the Panhellenic art competition "The Sea is Life".



# THEY PROTECT US DO WE PROTECT THEM?

Marine Protected Areas protect endangered species and vulnerable habitats - help fish stocks recover - preserve biodiversity. They do nothing but good for the ecosystem and we enjoy their beauty. Let's protect them too.





# HELMEPA'S NEW OFFICE LOCATION

After 22 years, HELMEPA has relocated to a new office, enhancing our workspace and collaboration capabilities. This move was executed in parallel with our ongoing initiatives and projects, thanks to the hardworking and efficient Secretariat, who successfully managed this demanding transition. The new open layout fosters a more collaborative atmosphere, bringing the team together effectively.



**IMITTOU 7 STR.  
PALEO FALIRO  
17564 ATHENS**





MEMBERSHIP





**14,281 SEAFARERS**  
**6,583 DECK OFFICERS**  
**3,630 ENGINE OFFICERS**  
**3,593 SEAFARERS OF VARIOUS FIELDS & COMPANY EXECUTIVES**  
**475 NAVY & COAST GUARD OFFICERS**

**2,325 VESSELS (127,876,102 GT – 216,361,259 DWT)**  
**158 MANAGING COMPANIES**  
**34 ASSOCIATE COMPANIES**  
**151 SUPPORTERS**

The categories, number of vessels, average age and total DWT per vessel type are presented in the following table:

Vessel type	Total	Average age	Total DWT
Bulk Carrier	1,130	13	52,779,945.2
Tanker	678	13	45,545,046.9
Container	315	13	17,695,964.7
Cruise Ship	27	13	2,315,152
LNG	62	13	6,646,476
LPG	50	13	1,700,493
Passenger	20	13	473,759.7
RoRo Vehicle Carrier	15	13	584,673
Tug	4	13	13,288.48
Yacht	12	15	9,712
Oil Barge	8	28	12,792.81
RoRo Cargo	4	16	98,798

In 2023 the following changes were made:

#### NEW MEMBERS

**16 MANAGING COMPANIES**

**4 ASSOCIATE & 30 SUPPORTING MEMBERS**

#### WITHDRAWAL OF MEMBERS

**2 MANAGING COMPANIES**

**1 ASSOCIATE & 5 SUPPORTING MEMBERS**

The registers and the number of member vessels are shown below:

Marshall Islands	641
Liberia	531
Malta	479
Greece	245
Cyprus	129
Panama	101
Bahamas	90
Bermuda	34
Nigeria	12
Belgium	18
Hong Kong	9
French	9
Isle of Man	8
Italy	7
Portugal	5
Cayman Islands	3
Gibraltar	3
Vanuatu	1

The average age of the total registered vessels was 13 years

MANAGING COMPANY	VESSELS
A.B. MARITIME INC.	7
A.M. NOMIKOS TRANSWORLD MARITIME AGENCIES	43
ADELFA NAVIGATION S.A.	4
AEGEAN BULK CO. INC.	8
AEGEAN ECO CARRIERS S.A.	6
AEGEAN SHIPPING MANAGEMENT S.A.	9
AEOLOS MANAGEMENT S.A.	4
AIMS SHIPPING CORPORATION	7
AKTEA II MARITIME COMPANY	1
ALASSIA NEWSHIPS MANAGEMENT INC.	10
ALBERTA SHIPMANAGEMENT LTD.	17
ALIOS BULKERS LTD	2
ALMA SHIPMANAGEMENT & TRADING S.A.	7
ALMI TANKERS S.A.	13
ALPHA BULKERS SHIPMANAGEMENT INC.	34
ANBROS MARITIME S.A.	2
ANDRIAKI SHIPPING CO. LTD.	8
ARCADIA SHIPMANAGEMENT CO. LTD.	9
ARISTON NAVIGATION CORP.	7
ASSO MARINE SERVICES LTD	1

MANAGING COMPANY	VESSELS
ASTRA SHIPMANAGEMENT INC	7
ATHENIAN SEA CARRIERS LTD.	0
ATLANTIC BULK CARRIERS MANAGEMENT LTD.	16
AXIS BULK CARRIERS INC.	5
BLUE LINE SHIP MANAGEMENT S.A.	2
BLUE PLANET SHIPPING LTD.	13
BLUE STAR FERRIES MARITIME S.A.	10
CALIBER MARITIME S.A.	4
CAPITAL SHIP MANAGEMENT CORP	19
CARRAS (HELLAS) S.A.	9
CENTROFIN MANAGEMENT INC.	2
CENTURY BULK CARRIERS MANAGEMENT CO.	13
CHANDRIS (HELLAS) INC.	13
CHARTERWELL MARITIME S.A	15
CHIOS NAVIGATION (HELLAS) LTD.	10
CHRONOS SHIPPING CO. LTD	5
CLEOPATRA SHIPPING AGENCY LTD.	1
CONBULK SHIPMANAGEMENT CORPORATION	37
CORAL SHIPPING CORPORATION	13
COSTAMARE SHIPPING COMPANY S.A.	69



MANAGING COMPANY	VESSELS
CYRPUS SEA LINES CO LTD	10
DALEX SHIPPING CO. S.A.	13
DANAOS SHIPPING CO. LTD.	68
DIANA SHIPPING SERVICES S.A.	36
DIANIK BROSS SHIPPING CORPORATION S.A.	2
DORIAN LPG MANAGEMENT CORP.	20
DRYLOG SERVICES LTD.	13
EASTERN MEDITERRANEAN MARITIME LTD.	80
ECONAV S.A.	4
EFNAV COMPANY LTD	15
EFSHIPPING COMPANY S.A.	6
ELEMENT SHIPMANAGEMENT S.A.	4
EMPROS LINES SHIPPING COMPANY SP. S.A.	9
ENEA MANAGEMENT INC.	5
ENESEL S.A.	14
ESTORIL NAVIGATION LTD.	3
EUROBULK LTD.	25
EURONAV SHIP MANAGEMENT (HELLAS) LTD.	57
FAFALIOS SHIPPING S.A.	4
FRANCO COMPANIA NAVIERA S.A.	10

MANAGING COMPANY	VESSELS
GASLOG LNG SERVICES LTD.	35
GENIMAR SHIPPING & TRADING S.A.	4
GOLDEN UNION SHIPPING COMPANY S.A.	28
GOLDEN YACHTS LTD.	11
GOULANDRIS BROTHERS (HELLAS) LTD.	3
HALKIDON SHIPPING CORPORATION	5
HELLENIC TANKERS CO LTD	7
HYDROUSSA NAVIGATION LTD	10
IONIC SHIPPING (Management) INC.	7
KASSIAN MARITIME LTD.	8
KAST SHIPMANAGEMENT S.A	2
KONKAR SHIPPING AGENCIES S.A.	3
KYKLADES MARITIME CORPORATION	22
KYLA SHIPPING & TRADING CORP.	9
LASKARIDIS SHIPPING CO. LTD.	53
LATSCO MARINE MANAGEMENT INC.	28
LEON SHIPPING & TRADING S.A.	4
LIDMAR SHIPPING AND TRADING COMPANY LTD	1
LOTUS SHIPPING COMPANY LTD.	7
M/MARITIME CORPORATION	18

MANAGING COMPANY	VESSELS
MARINE TRUST LTD.	22
METROSTAR MANAGEMENT CORP.	3
MILLENIA MARITIME INC.	7
MINERVA DRY INC.	12
MINOAN LINES SHIPPING S.A	4
NAFTOMAR SHIPPING & TRADING CO. LTD.	14
NARVAL SHIPPING CORPORATION	4
NAVARONE S.A.	25
NEDA MARITIME AGENCY CO. LTD.	25
NEPTUNE LINES SHIPPING & MANAGING ENTERPRISES S.A.	19
NEREUS SHIPPING S.A.	14
NEW KRONOS STAR MARITIME COMPANY S.A.	1
NIOVIS SHIPPING CO. S.A.	12
OCEANBULK INTERNATIONAL S.A.	5
OCEANBULK MARITIME S.A.	3
OLYMPIA OCEAN CARRIERS LTD.	9
OLYMPIC SHIPPING & MANAGEMENT S.A.	18
OMICRON SHIP MANAGEMENT INC.	1
OPTIMUM SHIPMANAGEMENT S.A. (CELESTYAL CRUISES)	3

MANAGING COMPANY	VESSELS
ORPHEUS MARINE TRANSPORT CORPORATION	4
PANTHEON TANKERS MANAGEMENT LTD.	32
PAVIMAR S.A.	25
PEGASUS OCEAN SERVICES INC.	3
PIONEER MARINE HELLAS S.A.	8
PLUTOFYLAX SHIPPING CORPORATION	2
POSEIDON SHIPPING CO LTD	1
PRIME GAS MANAGEMENT INC.	1
PRIME TANKER MANAGEMENT INC.	16
PROMINENCE MARITIME S.A.	6
PYXIS MARITIME CORP.	5
QUEENSWAY NAVIGATION CO. LTD.	6
ROXANA SHIPPING S.A.	10
SAFE BULKERS MANAGEMENT Ltd.	44
SAFETY MANAGEMENT OVERSEAS S.A.	8
SEA GLOBE MANAGEMENT AND TRADING INC.	7
SEA PIONEER SHIPPING CORPORATION	12
SEA WORLD MANAGEMENT AND TRADING INC.	20
SEALINK NAVIGATION LTD.	7
SEANERGY SHIPMANAGEMENT CORP.	19



MANAGING COMPANY	VESSELS
SEASPIRE MARITIME Inc.	5
SEAVEN DRY MANAGEMENT INC.	6
SEAVEN TANKER MANAGEMENT INC.	10
SEKAVIN S.A.	3
SERA SHIPPING CO.	3
SPRING MARINE BULK. S.A.	5
STAR BULK MANAGEMENT INC.	19
STAR BULK SHIPMANAGEMENT COMPANY (CYPRUS) LIMITED	10
STARBULK S.A.	68
STEM SHIPPING CO. S.A.	10
SUN ENTERPRISES LTD	15
TARGET MARINE S.A.	10
TECHNOMAR SHIPPING INC.	97
TEO SHIPPING CORPORATION	6
THENAMARIS (SHIPS MANAGEMENT) INC.	52
THENAMARIS CONBULK INC	23
THENAMARIS LNG INC.	15
TIDE LINE INC.	6
TMS BULKERS LTD.	13

MANAGING COMPANY	VESSELS
TMS CARDIFF GAS	16
TMS DRY LTD.	46
TMS TANKERS LTD.	52
TRADE FORTUNE INC.	3
TRUST BULKERS LTD.	17
TSAKOS SHIPPING & TRADING S.A.	82
TSAVLIRIS (HELLAS) MARITIME CORPORATION S.A.	2
UNIBROS SHIPPING CORP.	12
UNION MARINE ENTERPRISES S.A.	4
UNISEA SHIPPING LTD.	10
UNITED MANAGEMENT CORP.	8
UNIVERSAL SHIPPING ALLIANCE LTD.	4
VELOS TANKERS LTD.	9
VIRONO SHIPPING S.A.	16
VIRONO UNION MARITIME S.A.	3
VRONTADOS S.A.	6
W MARINE INC	14
ΑΝΩΝΥΜΗ ΝΑΥΤΙΛΙΑΚΗ ΕΤΑΙΡΕΙΑ ΚΡΗΤΗΣ (ANEK LINES S.A.)	6
ΕΤΖΙΑΝ ΣΙΠΠΙΝΓΚ ΕΝΤΕΡΠΡΑΪΖΕΣ Ν.Ε.	22

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THE SWEDISH CLUB  
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ASSOCIATION LIMITED  
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BUREAU VERITAS  
DNV  
LLOYD'S REGISTER  
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THE MARSHALL ISLANDS REGISTRY

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DNB BANK ASA ATHENS REPRESENTATIVE OFFICE  
EUROBANK S.A.  
NATIONAL BANK OF GREECE

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NEPTUNE MARITIME LEASING LTD.

### COMPANIES BASED ABROAD

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TUI CRUISES AND HAPAG LLOYD CRUISES AS PART OF ROYAL  
CARIBBEAN GROUP  
NAVIOS MARITIME PARTNERS L.P.

### PORT AUTHORITIES

ΟΡΓΑΝΙΣΜΟΣ ΛΙΜΕΝΟΣ ΠΑΤΡΩΝ ΑΝΩΝΥΜΗ ΕΤΑΙΡΕΙΑ  
(Ο.Λ.ΠΑ Α.Ε.)  
ΟΡΓΑΝΙΣΜΟΣ ΛΙΜΕΝΟΣ ΠΕΙΡΑΙΩΣ (Ο.Λ.Π Α.Ε.)

### TELECOM COMPANIES

COSMOTE S.A.



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AEGEAN AIRLINES S.A.

AIR FRANCE

KLM

### AIRPORTS

ATHENS AIRPORT

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HELLENIC HULL MANAGEMENT

GLOBASSURE INSURANCE AGENTS S.M.P.C.

TRIEME S.A.

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FENDER S.A.

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EVMAR MARINE SERVICES LTD.

IFCHOR(SWITZERLAND) S.A.

MG YACHTS LTD (ΜΑΡΙΑ ΓΚΟΓΚΟΣΗ ΜΟΝ.ΓΙΩΤΣ ΕΠΕ)

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OLYMPIA SHIPBROKING INC.

OPTIMUS MARINE SERVICES S.A.

STEAMSHIP SHIPBROKING ENTERPRISES INC.

TEOMARE S.A.

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KPMG

MOORE STEPHENS S.A.

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KOSMOCAR S.A.

MOTOΔΥΝΑΜΙΚΗ ΑΕΕ

NIK. I. ΘΕΟΧΑΡΑΚΗΣ Α.Ε.

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AEGEAN MARINE PETROLEUM S.A.

ACROPOLIS CHARTERING & SHIPPING INC.

AEGEAN PROTECTIVE COATINGS S.A.

AKZO NOBEL COATINGS SA

ANTIPOLLUTION A.N.E.

BLACK ROPE

BELLOWS HELLAS OE

CHUGOKU MARINE PAINTS (HELLAS) S.A.

CMA D. ARGOUDELIS & CO S.A.

CONSORTIUM SPANOPOULOS SALVAGE TUGS

CROSSWORLD MARINE SERVICES INC.

DESTEL GROUP SPMC

DYNAMARINE (ΓΛΥΚΑΣ Α ΠΕΡΙΣΣΑΚΗΣ ΣΤ ΕΕ)

EASTWIND P.C

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ELSSI MARITIME SERVICES  
ELVICTOR GROUP  
ENVIRONMENTAL PROTECTION ENGINEERING S.A.  
E.NOTIA & SIA EE  
ERMA FIRST ESK Engineering Solutions S.A.  
FORTUNE TECHNOLOGIES SA  
FRANMAN ΜΕΠΕ  
FURUNO HELLAS S.A  
GCL MARINE SOLUTIONS IKE  
GOLDEN CARGO  
HELLENIC ENVIRONMENTAL CENTER (HEC)  
HIBISCUS PARTNERS ΜΟΝΟΠΡΟΣΩΠΗ Ι.Κ.Ε.  
HYDOR S.A.  
INJEGOV SA  
JOTUN HELLAS LTD  
KATRADIS MARINE ROPES INDUSTRY SA  
MARGETIS MARITIME CONSULTING  
MARICHEM MARIGASES HELLAS S.A.  
MARINFLOC AB  
MARINE & INDUSTRIAL SYSTEMS LTD.  
MARINE TRAFFIC OPERATIONS A.E.  
MARITECH GROUP LTD  
MYLAKI SHIPPING AGENCY LTD.  
NAVARINO AE  
NAVIGATOR SHIPPING CONSULTANTS LTD.

NEW NAVAL ΕΠΕ  
NORTH AEGEAN SLOPS S.A.  
OCEANKING ΤΕΧΝΙΚΗ ΚΑΙ ΕΜΠΟΡΙΚΗ Α.Ε.  
OCEAN TECHNOLOGIES GROUP  
OIL ONE ΜΟΝΟΠΡΟΣΩΠΗ Α.Β.Ε.Ε.  
PARALOS SHIPPING PTE. LTD.  
PANAGIOTOPOULOS SHIPPING AND MANNING AGENTS  
PRAXIS YACHTS ΕΠΕ  
PREVENTION AT SEA LTD  
PRIME PRODUCTS LTD  
P SHIP SYSTEMS  
RESOLVE MARINE GROUP  
RIGHTCOM TELECOMS LTD  
ROSS SHIPBROKERS CO. LTD.  
SAFETY TECHNOLOGY & SERVICES MARINE A.E.  
SEABORNE SHIPBROKERS SA  
SEABRIGHT S.A.  
SEAPOWERS  
SEASCAPE MARINE & TRADING LTD.  
SILENT YACHTS TRADING GmbH  
SIMPSON SPENCE YOUNG  
SPACE ELECTRONICS LTD.  
SPECTRUMLABS S.A.  
STORMGEO GREECE BRANCH OFFICE  
SWIFT MARINE HELLAS



TELSTAR

T&T SALVAGE LLC

TOTALENERGIES MARKETING HELLAS S.A.

TURBOMED SA-ΓΙΑΝΝΗΣ ΠΑΡΑΣΚΕΥΟΠΟΥΛΟΣ ΑΒΕΕ

UMAR SHIPPING SERVICES

VANOS S.A.

WARTSILA VOYAGE GREECE BRANCH

XCLUSIV SHIPBROKERS INC

ΒΕΡΝΙΚΟΣ-ΣΚΑΦΗ ΝΕ Ρυμουλκήσεις/Ναυαγιαιρέσεις

Δ. ΚΟΡΩΝΑΚΗΣ Α.Β.Ε.Ε.

#### **CHEMICAL COMPANIES**

BASF HELLAS

#### **TRADING COMPANIES**

B.KAYKAS AE

#### **CONSULTING COMPANIES**

ABACUS MARINE CONSULTANTS

BEYONDCSR.LTD

E.NIKOLAIDIS-M.MANIATI OE (PREMIUM CONSULTING)

ORIANI HELLAS IKE

MARISPOND (HELLAS) INC.

WAVEMAR S.A.

#### **MARITIME/ENVIRONMENTAL ORGANISATIONS**

BIMCO

ΔΙΑΧΕΙΡΙΣΗ ΚΑΙ ΔΙΟΙΚΗΣΗ ΒΙΟΜΗΧΑΝΙΚΗΣ ΠΕΡΙΟΧΗΣ  
ΘΙΣΒΗΣ ΒΟΙΩΤΙΑΣ Α.Ε.

INTERNATIONAL ASSOCIATION OF CLASSIFICATION  
SOCIETIES LTD.

PROPELLER CLUB OF THE U.S.

ΑΕΝΑΟΣ ΘΑΛΑΣΣΑ ΑΣΤΙΚΗ ΜΗ ΚΕΡΔΟΣΚΟΠΙΚΗ ΕΤΑΙΡΕΙΑ

GREEN AWARD FOUNDATION

ΣΥΝΔΕΣΜΟΣ ΕΛΛΗΝΙΚΩΝ ΤΟΥΡΙΣΤΙΚΩΝ ΕΠΙΧΕΙΡΗΣΕΩΝ

#### **E-LEARNING APPLICATION FIRMS**

SQLearn E-LEARNING APPLICATIONS S.A.

#### **FISH FARMING COMPANIES**

PHILOSOFISH A.E.

#### **EDUCATIONAL INSTITUTIONS**

BCA COLLEGE GREEK INSTITUTE OF MARITIME EDUCATION

MARPOL TRAINING INSTITUTE

METROPOLITAN COLLEGE S.A.

ΟΜΙΛΟΣ ΜΕΤΑΛΥΚΕΙΑΚΙΣ ΕΚΠΑΙΔΕΥΣΙΣ ΚΑΙ ΚΑΤΑΡΤΙΣΙΣ

AMERIKANIKIS GEORGIKIS SXOLIS

ΑΤΤΙΚΟ ΕΚΠΑΙΔΕΥΤΙΚΟ ΚΕΝΤΡΟ ΙΚΕ

ΣΧΟΛΗ ΔΕΛΤΑ ΑΘΗΝΑΣ - ΕΚΠΑΙΔΕΥΤΙΚΗ Α.Ε.

ΤΣΑΚΟΣ ΕΛΛΗΝΙΚΑ ΕΚΠΑΙΔΕΥΤΗΡΙΑ ΝΑΥΤΙΚΩΝ ΣΠΟΥΔΩΝ  
(TEENS) ΑΜΚΕ

## **HOTELS**

CHANDRIS HOTELS (HELLAS) S.A.  
GRAND HYATT ATHENS  
ΚΑΤΟΙΚΙΕΣ ΜΟΝΟΠΡΟΣΩΠΗ Α.Ε.

## **TESTING & ANALYSIS COMPANIES/LABORATORIES**

CALEB BRETT INTERTEK GREECE S.A.  
SPECTRUMLABS S.A.

## **LAW FIRMS**

GERONYMAKIS & PARTNERS LAW FIRM  
HILL DICKINSON INTERNATIONAL  
WATSON FARLEY & WILLIAMS GREECE

## **MARINAS**

D MARINAS HELLAS A.E.  
LAMDA FLISVOS MARINA A.E.  
OLYMPIC MARINE S.A.  
RHODES MARINAS S.A.

## **PHARMACEUTICAL COMPANIES**

PHAROS LTD.

## **PORT & SHIPYARD ORGANISATIONS**

ELEFSINA PORT AUTHORITY S.A.  
KAVALA PORT AUTHORITY S.A.  
MARINE PLUS S.A.  
THPA S.A. – PORT OF THESSALONIKI

## **YACHTING**

FYLY EXCLUSIVE YACHTS  
FYLY YACHTING SMPC  
STELIOS PHILANTHROPIC FOUNDATION MONACO  
STELIOS PHILANTHROPIC FOUNDATION UK (LONDON)

## **FOOD MARKETING ORGANISATIONS**

HERBALIFE INTERNATIONAL GREECE S.A.

## **CUSTOMER SERVICE COMPANIES**

CQS AE

## **STOCKBROKING BUSINESS**

HELLENIC EXCHANGES - ATHENS STOCK EXCHANGE

## **OIL COMPANIES**

PEBOIA AEEΠ

## **INTEGRATED INFORMATION SYSTEMS AND GAMING SERVICES**

OPENBET ΕΛΛΑΣ  
INTRALOT A.E.

## **MANNING COMPANIES**

EPSILON HELLAS (OVERSEAS) LTD.





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**Sofia Kotsalidou**  
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## 2024 STATUS

## A UNIQUE MULTI-STAKEHOLDER PARTICIPATORY PLATFORM

<b>355</b>	<b>SHIPPING COMPANIES AND ORGANIZATIONS</b>	<ul style="list-style-type: none"> <li>Sustainable development</li> <li>Pollution prevention</li> </ul>
<b>2,345</b>	<b>VESSELS OF ALL TYPES</b>	<ul style="list-style-type: none"> <li>Maritime safety &amp; accident prevention</li> </ul>
<b>14,346</b>	<b>SEAFARERS AND SHIPPING PROFESSIONALS</b>	<ul style="list-style-type: none"> <li>Human sustainability</li> <li>Seafarers' wellbeing</li> </ul>
<b>450,000</b>	<b>STUDENTS - EXHIBITION VISITORS</b>	<ul style="list-style-type: none"> <li>Marine environmental protection</li> </ul>
<b>2,860</b>	<b>YOUTH AMBASSADORS</b>	<ul style="list-style-type: none"> <li>Women in shipping</li> </ul>
<b>172,500</b>	<b>JUNIOR MEMBERS (AGES 5-12)</b>	<ul style="list-style-type: none"> <li>Blue Economy for youth</li> </ul>
<b>5,320</b>	<b>SCHOOLS NETWORK</b>	<ul style="list-style-type: none"> <li>Ocean literacy and Intro to shipping</li> </ul>
<b>11,660</b>	<b>TEACHERS - VOLUNTEERS</b>	<ul style="list-style-type: none"> <li>Safety culture in fishing/boating</li> </ul>
<b>800</b>	<b>NATIONAL &amp; INTERNATIONAL STAKEHOLDERS</b>	<ul style="list-style-type: none"> <li>Voluntary Incident Reporting Platform</li> </ul>
<b>300.000</b>	<b>VOLUNTEERS</b>	<ul style="list-style-type: none"> <li>Maritime decarbonization</li> <li>Chios Climate Chance</li> </ul>

## 360° SKILLS DEVELOPMENT UPSKILLING, RESKILLING

Holistic, experience-based,  
Refresher Training program  
with worldwide participation

**31,000** seafarers and  
shipping professionals  
certified by HELMEPA's  
Maritime Training Center

## MASTERCLASSES

- ESG
- Soft Skills
- Environmental Leadership









## EMPOWER PEOPLE

## MAX OUT YOUR IMPACT



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-  Cyprus CYMEPA
-  Turkey TURMEPA
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-  USA NAMEPA
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EMSA, USCG, AMSA COOPERATION

OUR WORK FOR THE SEAS  
FOR THE PLANET, FOR HUMANKIND  
IS INSPIRED, MEASURABLE, SHARED

TAKE ACTION  
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