

# ***VOLUNTARY REFRESHER TRAINING PROGRAM 2021***



ΕΛΛΗΝΙΚΗ ΕΝΩΣΗ ΠΡΟΣΤΑΣΙΑΣ  
ΘΑΛΑΣΣΙΟΥ ΠΕΡΙΒΑΛΛΟΝΤΟΣ  
HELLENIC MARINE ENVIRONMENT  
PROTECTION ASSOCIATION

MARITIME TRAINING CENTER  
for Pollution Prevention  
Safety at Sea and  
Environmental Awareness



Certified by



This webinar is part of the three year-long Project titled ***“Enhancing the Understanding of New and Enduring Challenges in Maritime Safety Culture in the Eastern Mediterranean”***, which is supported by **Lloyd's Register Foundation (LRF)\*** and implemented by HELMEPA between 2019 and 2022 in Greece and Cyprus, in cooperation with partners CYMEPA, Lloyd's Register and DYNAMARINE.

(\*) LRF is a charitable Foundation, helping to protect life and property by supporting engineering-related education, public engagement and application of research ([www.lrfoundation.org.uk](http://www.lrfoundation.org.uk))

## Webinar Contributors:

Lloyd's Register



The Swedish Club Greece



National Technical University of Athens  
School of Naval Architecture and Marine Engineering  
Laboratory for Maritime Transport



Hellenic Bureau for Marine  
Casualties Investigation



# TIME TABLE (EET)

## DAY 1

### Operational Safety

- 10.00 – 10.30: **Introduction – “Enhancing the Understanding of New and Enduring Challenges in Maritime Safety Culture in the Eastern Mediterranean” project**  
HELMEPA
- 10.30 – 11.20: **Planning and conducting simultaneous operations and maintenance of critical equipment on board**  
Lloyd's Register
- 11.20 – 11.30: Break
- 11.30 – 12.20: **Planning and conducting simultaneous operations and maintenance of critical equipment on board (cont.)**  
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- 12.20 – 12.30: Break
- 12.30 – 13.30: **Practical risk management for hazardous activities on board**  
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## DAY 2

### Human Element

- 10.00 – 11.00: **Resilience at sea – working on seafarers' psychology to enhance safety and efficiency**  
The Swedish Club Greece
- 11.00 – 11.15: Break
- 11.15 – 12.15: **Managing fatigue at sea**  
NTUA – Laboratory for Maritime Transport
- 12.15 – 12.30: Break
- 12.30 – 13.30: **Essential soft skills for safe maritime operations**  
Capt. Michail Fragkias, Senior Marine Consultant

## DAY 3

### Learning from incidents

- 10.00 – 11.00: **Principles of incident investigation**  
HBMCI
- 11.00 – 11.15: Break
- 11.15 – 12.15: **Maritime accidents: useful case studies**  
HBMCI
- 12.15 – 12.30: Break
- 12.30 – 13.30: **Maritime accidents: useful case studies (cont.)**  
HBMCI